



YOGA FEDERATION OF INDIA

(REGD. UNDER THE SOCIETIES REGISTRATION ACT XXI OF 1860, REGD. NUMBER 1195, DATED 14.02.90)

AFFILIATED TO ASIAN YOGA FEDERATION, INTERNATIONAL YOGA FEDERATION & INTERNATIONAL YOGA SPORTS FEDERATION

RECOGNITION OF : INDIAN OLYMPIC ASSOCIATION - OCTOBER, 1998 TO FEBRUARY, 2011

REGD. OFFICE : Flat No. 501, GHS-93, SECTOR-20, PANCHKULA -134 116 (HARYANA) - INDIA

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Ref. No.YFI / 18216-96

Dated: 08.07.2020

Subject: Minutes of General Body Meeting of Yoga Federation of India held on 25th June, 2020 Online at 06:00 PM at the occasion of 44th Sub-Junior & Junior National Yogasana Sports Championship (Online Live) June, 2020 under the chairmanship of Shri Ashok Kumar Aggarwal, President, Yoga Federation of India.

Following were present in the meeting.

| S. No. | Name | State/ Unit |
|--------|---|----------------|
| 1. | Shri Ashok Kumar Aggarwal, President, Yoga Federation of India | Haryana |
| 2. | Shri Tikshan Sud, Sr. Vice President, YFI & Chairman, PYA | Punjab |
| 3. | Mrs.Indu Aggarwal, Sr. V. President & Director Competition, YFI | Haryana |
| 4. | Shri Navin Acharya, Sr. Vice President, Yoga Federation of India | Goa |
| 5. | Yogiraj N. Ramalingam, Sr. Vice President, YFI, Sec., TNSYA | Tamil Nadu |
| 6. | Shri Sanjay Jha, Secretary General, YFI, Secretary, JYA | Jharkhand |
| 7. | Shri O.P. Malick, Treasurer, Yoga Federation of India | Chandigarh |
| 8. | Prof. Prabir Karmakar, Vice President, YFI and President, JYA | Jharkhand |
| 9. | Shri B. Balachandran, President, Yoga Association of Kerala | Kerala |
| 10. | Shri P Sasidharan Nair, Joint secretary, YFI | Kerala |
| 11. | Shri K. Prabhu, Zonal Secretary, South Zone, YFI | Karnataka |
| 12. | Dr. Asit Aich, Zonal Secretary, West Zone, YFI | West Bengal |
| 13. | Shri Chandrakant S Pangare, Zonal Secretary, West Zone, YFI & General Secretary, Maharashtra Yoga Association | Maharashtra |
| 14. | Shri Yash Parashar, Zonal Secretary, North Zone, YFI & Secretary, U.P. State Yoga Association | Uttar Pradesh |
| 15. | Shri Prabhat Chander Bora, Zonal Secy. North East Zone, YFI and Secretary Assam Yoga Association | Assam |
| 16. | Shri Gautam Sinha, Joint Secretary YFI & Secretary, WBYA | West Bengal |
| 17. | Shri J. Manohar, Joint Secretary YFI and Secretary, TYA | Telangana |
| 18. | Dr. D Vidyarathi, Chairman, Haryana State Yoga Association | Haryana |
| 19. | Shri Tapan Kumar Das, President, Assam Yoga Association | Assam |
| 20. | Dr. Sher Singh, President, Rajasthan State Yoga Association | Rajasthan |
| 21. | Shri C P Purohit, Secretary. Rajasthan State Yoga Association | Rajasthan |
| 22. | Shri M. P. Singh, President, Yoga Sports Association, MP | M.P. |
| 23. | Ms. Shilpi Chugh, Secretary, Yoga Sports Association, MP | M.P. |
| 24. | Shri S. Sreenivasulu Naidu, Working President, APYA | Andhra Pradesh |
| 25. | Shri V.S. Selvam, Secretary, Yoga Sports Association of AP | Andhra Pradesh |
| 26. | Shri M.K. Virmani, Chairman, Chandigarh Yoga Association | Chandigarh |
| 27. | Dr. Rajiv Kumar Uppal, Secretary, Chandigarh Yoga Association | Chandigarh |
| 28. | Smt. Hema Keni Randhawa, Secretary, Goa Yoga Association | Goa |

| | | |
|-----|---|--------------------------------------|
| 29. | Shri Arvind K Kotnala, Secretary, Uttarakhand Yoga Association | Uttarakhand |
| 30. | Dr. G.T. Sarvaiya, President, Gujarat State Yoga Association | Gujarat |
| 31. | Dr. Sandeep Bhalla, Secretary, Arunachal Yoga Association | Arunachal Pradesh |
| 32. | N. Aphaba Singh, Secretary, Nagaland Yoga Association | Nagaland |
| 33. | Suresh Kumar, Secretary, Ladakh Yoga Association | Ladakh |
| 34. | Shri Phila A. Thomas, President, Daman & Diu and Dadar & Nagar Haveli | Daman & Diu and Dadar & Nagar Haveli |
| 35. | Dr. Abhinav Joshi, Member IT team, YFI | Rajasthan |
| 36. | Shri Puneet Khullar | Punjab |

First of all Shri Yash Parashar, Zonal Secretary (North Zone), Yoga Federation of India, while welcoming the members present in the meeting requested Shri Ashok Kumar Aggarwal, President, Yoga Federation of India to chair the meeting of Yoga Federation of India. Shri Ashok Kumar Aggarwal, President, Yoga Federation of India accepted the request and chaired the meeting.

Shri Ashok Kumar Aggarwal, President, Yoga Federation of India, extended warm welcome to the Office Bearers of Yoga Federation of India and Presidents and Secretaries, State Yoga Associations present in the meeting.

The meeting came into order as per agenda.

1. Report of the 44th Sub-Junior & Junior National Yogasana Sports Championship online live on 6th, 7th, 13th, 14th, 20th & 21st June, 2020.

It was informed by the President, Yoga Federation of India that to avoid social gathering in this COVID-19 situation the 44th Sub-Junior and Junior National Yogasana Sports Championship which was postponed twice due to one or other reasons, was conducted Online Live, in which the Yoga Players performed Yogasana from their respective home places and about 150 National Yoga Referees of Yoga Federation of India judged their live performances with live camera movement from their respective home places.

The Inauguration of the championship was held live online on 6th June, 2020 amidst the online gathering of about 1000 Officials, Referees, Yoga Players and their parents. The President, YFI conveyed his thanks to the Office Bearers, Yoga Federation of India, Presidents/Secretaries, State Yoga Associations and National Yoga Referees of Yoga Federation of India for their cooperation for successfully conducting this championship. He conveyed his special thanks to Dr. Anil Agarwal, Member Parliament, Sr. Vice President, Yoga Federation of India and President, Uttar Pradesh Yoga Association for his inspiring message to the participants at the Inauguration and Valedictory Ceremony of 44th Sub-Junior and Junior National Yogasana Sports Championship.

The President, YFI also conveyed his thanks to Hon'ble Parmanand Maharaj, Chief Sant of Jangli Maharaj Ashram, Maharashtra, His Excellency, Professor Jagdish Mukhi, Governor of Assam, Hon'ble Shri Manohar Lal, Chief Minister, Haryana, Hon'ble Shri Pinarayi Vijayan, Chief Minister, Kerala, Hon'ble Shri Trivendra Singh Rawat, Chief Minister, Uttarakhand, Shri Narinder Batra, President, Indian Olympic Association and Shri Anandeshwar

Pandey, Treasurer, Indian Olympic Association for their blessing messages for the Valedictory function of 44th Sub-Junior and Junior National Yogasana Sports Championship held on 21st June, 2020.

It was informed by President, YFI, that 562 Yoga Players (266 Boys & 296 Girls) from 24 States / Union Territories Yoga Associations participated in this 44th Sub-Junior and Junior National Yogasana Sports Championship Online Live. He detailed the age group wise tabulation of Yoga Players as below:

- 8-10 years Yogasana Competition - (59 Boys & 51 Girls) participated.
- 10-12 years Yogasana Competition - (56 Boys & 53 Girls) participated.
- 12-14 years Yogasana Competition - (53 Boys & 57 Girls) participated.
- 14-16 years Yogasana Competition - (53 Boys & 52 Girls) participated.
- 16-18 years Yogasana Competition - (45 Boys & 44 Girls) participated.
- Professional Yogasana Competition - 21-30 years (18 female) participated.
- Professional Yogasana Competition - above 30 years (21 female) participated.

The President, on behalf of Yoga Federation of India conveyed his gratitude to the members of the IT team and National Yoga Referees of Yoga Federation of India for putting their whole hearted efforts to make this championship a grand success.

2. Report of celebration of 6th International Day of Yoga online live by participants of Yoga Federation of India on 21st June, 2020.

The President, Yoga Federation of India informed that about 1000 Yoga Players, National Yoga Referees, State Presidents/ Secretaries, YFI members and the parents of Yoga Players performed the protocol of Ministry of AYUSH, Govt. of India for International Day of Yoga from their respective home places. The protocol was coordinated by Shri Yash Parashar, Zonal Secretary, North Zone, Yoga Federation of India from Ghaziabad, Uttar Pradesh Live Online, which was a grand success.

Keeping in view the success of online celebration of International Day of Yoga by Yoga Federation of India, the President, YFI suggested to celebrate International Day of Yoga every year Online Live through the participation of all the members of Yoga Federation of India from their respective home places.

3. Organisation of 4th Federation Yogasana Sports Cup Online Live on 15th, 16th, 22nd, 23rd, 29th & 30th August, 2020 (Yogasana Competition and Artistic Solo Competition).

The President, Yoga Federation of India informed that the 4th Federation Yogasana Sports Cup which was scheduled to be held at Dindigul (Tamilnadu) in May, 2020 has to be postponed due to COVID-19 situation, therefore, it was suggested to organize 4th Federation Yogasana Sports Cup Online Live on 15th, 16th, 22nd, 23rd, 29th & 30th August, 2020. It was further suggested that in this championship, beside Yogasana Competition, Artistic Solo Yogasana Competition may also be conducted. Regarding re-organisation of age groups it was suggested that Yogasana Competitions may be held in the following events & age groups:

AGE GROUPS OF FEDERATION YOGASANA COMPETITION:

| | | | |
|-------|-------------------------------|---------------------------------|---|
| (I) | SUB JUNIOR GROUP - (A) | 08-10 Years (Boys & Girls) | - |
| (II) | SUB JUNIOR GROUP - (B) | 10-14 Years (Boys & Girls) | Merging of (10-12 & 12-14 Years Boys & Girls Groups) |
| (III) | JUNIOR GROUP | 14-18 Years (Boys & Girls) | Merging of (14-16 & 16-18 Years Boys & Girls Groups) |
| (IV) | SENIOR GROUP - (A) | 18-25 Years (Men & Women) | Merging of (18-21 & 21-25 Years Men & Women Groups) |
| (V) | SENIOR GROUP - (B) | 25-35 Years (Men & Women) | Merging of (25-30 & 30-35 Years Men & Women Groups) |
| (VI) | SENIOR GROUP - (C) | Above 35 years (Men & Women) | Merging of (35-45 & Above 45 Years Men & Women Groups) |
| (VII) | PROFESSIONAL | Above 21 years (Men & Women) | Merging of (21-30 and above 30 Years Men & Women Professional Groups) |

FEDERATION ARTISTIC SOLO YOGASANA COMPETITION:

- (i) **JUNIOR GROUP** - 8-18 Years
- (ii) **SENIOR GROUP** - 18-35 Years

Number of Entries:

1. In Junior Group **TWO ENTRIES** from each State (Boys & Girls Separately) will be allowed to participate from amongst the participants of 44th Sub-Junior & Junior National Yogasana Sports Championship Online Live, June 2020, for that he requested the State Secretaries to send the names of two boys and two girls Yoga participants for Artistic Solo Yogasana Competition in the Junior Group 8-18 years.
2. In Senior Group first **TEN RANK** holders selected during 44th Senior National Yogasana Sports Championship held at Jaipur (Rajasthan) will participate.

4. Organisation of 45th Sub-Junior, Junior & Senior National Yogasana Sports Championship in the month of November, 2020 (Online live or at Maharashtra).

The President, Yoga Federation of India informed that the 45th Sub-Junior, Junior & Senior National Yogasana Sports Championship is scheduled to be held in the month of November, 2020 at Jangli Maharaj Ashram, Kopergaon (Maharashtra). He further informed that if the situation by that time becomes normal then the 45th Sub-Junior, Junior & Senior National Yogasana Sports Championship will be held as scheduled, otherwise this championship will have to be conducted Online Live.

5. National Yoga Referee's Diploma Examination (Online) in the month of September, 2020.

The President, YFI informed that as per practice the National Yoga Referee's Diploma Examination and National Yoga Referee's up-gradation Diploma Examination is being held during National Yogasana Sports Championship / Federation Yogasana Sports Cup, but due to present situation this National Yoga Referee's Diploma Examination could not be conducted as such. Therefore, it was suggested that the National Yoga Referee's Diploma Examination may be conducted online in the month of September, 2020.

6. Any other point to be discussed with the permission of Chair.

It was suggested by the President, YFI that to meet the expenditure of online live National Yogasana Sports Championship / Federation Yogasana Sports Cup, the amount of Entry fee of the players may be raised from Rs. 200/- to Rs. 500/- per player per event.

The President, YFI extended welcome to the President/Secretary/Members of Ladakh Yoga Association and Daman & Diu and Dadar and Nagar Haveli for associating with the Yoga Federation of India and participating in the 44th Sub-Junior & Junior National Yogasana Sports Championship Online Live and suggested to grant provisional affiliation to Ladakh Yoga Association and Daman & Diu and Dadar and Nagar Haveli by Yoga Federation of India.

Shri Prabir Karmakar, President, Jharkhand Yoga Association, Adv. B. Balachandran, President, Yoga Association of Kerala, Shri P. Sasidharan Nair, Joint Secretary, Yoga Federation of India, Shri J. Manohar, General Secretary, Telengana Yoga Association, Shri Gautam Sinha, General Secretary, West Bengal Yoga Association, Shri Yash Parashar, General Secretary, Uttar Pradesh Yoga Association and Shri Puneet Khullar, Member, Punjab Yoga Association congratulated the President, Yoga Federation of India and his dedicated team for the successful organization of 44th Sub-Junior & Junior National Yogasana Sports Championship Online Live and conveyed their best wishes for the organization of Federation Yogasana Sports Cup Online Live.

The members present in the meeting appreciated the efforts of Yoga Federation of India and unanimously approved all the above proposals.

As there was no other business to transact, the meeting came to end with vote of thanks to the chair.



(Ashok Kumar Aggarwal)
President
Yoga Federation of India

N.B.:

1. The President, Yoga Federation of India reconsidered the decision taken in the General Body Meeting held on 25th June, 2020 regarding enhancement of Entry fee from Rs. 200/- to Rs. 500/-. It was decided by him that in the 4th Federation Yogasana Sports Cup the entry fees of Rs. 300/- per player per event will be charged and in the future National Yogasana Sports Championship and Federation Yogasana Sports Cup, the Entry fee of Rs. 400/- per player per event will be charged instead of Rs. 500/- per player per event.
2. The Presidents / Secretaries / National Yoga Referee's of some of State Yoga Associations have requested the President, YFI that in future there should be combined National Yogasana Sports Championship in Sub-Junior, Junior & Senior Groups. Keeping in view the difficulty faced by them. It is suggested that in future combined Sub-Junior, Junior & Senior National Yogasana Sports Championship may be organized. It is further suggested that the age groups of the future National Yogasana Sports Championship should be as follows:

| | | |
|--------|--|------------------------------|
| (I) | SUB JUNIOR GROUP - (A) | 08-10 Years Boys and Girls |
| (II) | SUB JUNIOR GROUP - (B) | 10-12 Years Boys and Girls |
| (III) | SUB JUNIOR GROUP - (C) | 12-14 Years Boys and Girls |
| (IV) | JUNIOR GROUP - (A) | 14-16 Years Boys and Girls |
| (V) | JUNIOR GROUP - (B) | 16-18 Years Boys and Girls |
| (VI) | SENIOR GROUP - (A) - | 18-21 Years (Men & Women) |
| (VII) | SENIOR GROUP - (B) | 21-25 Years (Men & Women) |
| (VIII) | SENIOR GROUP - (C) | 25-30 Years (Men & Women) |
| (IX) | SENIOR GROUP - (D) | 30-35 Years (Men & Women) |
| (X) | SENIOR GROUP - (E) | 35-45 Years (Men & Women) |
| (XI) | SENIOR GROUP - (F) | Above 45 Years (Men & Women) |
| (XII) | Professional Yogasana Competition | 21-30 Years (Men & Women) |
| (XIII) | Professional Yogasana Competition | Above 30 Years (Men & Women) |


Keeping in view the total strength of State Yoga team, It is further suggested that in **Sub-Junior & Junior Groups and Professional Yogasana Competition**, in each age group **Three** competitors (male & female separately) may be allowed to participate, whereas in **Senior Groups** in each age group **Two** competitors (male & female separately) may be allowed to participate in Yogasana Competition.

The Syllabus and Guideline of Yogasana Competition will be the same for the future National Yogasana Sports Championship as followed in 44th Sub-Junior, Junior & Senior National Yogasana Sports Championship.

The rules and regulations for Artistic Solo Yoga, Artistic Pair Yoga, Rhythmic Yoga and Free Flow Yoga Dance Competition will be followed as decided in the Annual General Meeting of Yoga Federation of India held on 9th November, 2019 at Jaipur, Rajasthan.

Extract of the Annual General Meeting of Yoga Federation of India held on 9th November, 2019 at Jaipur, Rajasthan.

'It was observed by Mrs. Indu Aggarwal, Senior Vice-President, YFI and Director Yoga Competition that in Artistic Pair Yoga and Rhythmic Yoga Competition normally the female yoga players have an edge over the male players in terms of their costume and presentation etc, therefore it was suggested by her that separate competition for male and female competitors may be organized in Artistic Pair & Rhythmic Yoga Competition w.e.f. 45th National Sub-Junior, Junior and Senior National Yogasana Sports Championship but only one entry for female competitors and one entry for male competitors may be allowed out of two entries allowed earlier in Artistic Pair & Rhythmic Yoga Competition.'


(Ashok Kumar Aggarwal)
 President
 Yoga Federation of India

A copy is forwarded to the following for information please.

1. The Office Bearers, Yoga Federation of India.
2. The Presidents / Secretaries, All State / U.T. Yoga Associations.
3. The President / Secretary, All India Police Sports Control Board, New Delhi.


(Ashok Kumar Aggarwal)
 President
 Yoga Federation of India