



# YOGA FEDERATION OF INDIA

(REGD. UNDER THE SOCIETIES REGISTRATION ACT XXI OF 1860, REGD. NUMBER 1195, DATED 14.02.90)

AFFILIATED TO ASIAN YOGA FEDERATION, INTERNATIONAL YOGA FEDERATION & INTERNATIONAL YOGA SPORTS FEDERATION

RECOGNITION OF : INDIAN OLYMPIC ASSOCIATION - OCTOBER, 1998 TO FEBRUARY, 2011

REGD. OFFICE : Flat No. 501, GHS-93, SECTOR-20, PANCHKULA -134 116 (HARYANA) - INDIA

E-mail:- yfiashok2000@yahoo.co.in, Mobile No. +91-94174-14741, Website:- www.yogafederationofindia.com

## **CONSTITUTION OF YOGA FEDERATION OF INDIA** **(As amended and adopted on 11.03.2021)**

### **1. NAME:**

The name of the Organization shall be Yoga Federation of India.

### **2. REGISTRATION:**

The Federation shall be registered under the Societies Registration Act.XXI of 1860

### **3. AFFILIATION:**

The federation shall be affiliated to the Indian Olympic Association, Asian Yoga Federation and International Yoga Sports Federation.

### **4. HEADQUARTERS:**

The office of the Yoga Federation of India shall be at Panchkula (Haryana), unless otherwise fixed by Federation from time to time.

### **5. JURISDICTION:**

The jurisdiction of the Federation shall extend all over the country.

### **6. AIMS AND OBJECTS:**

- To Promote, Encourage, Popularize, Standardize and Supervise Yoga Activities in the Country.
- To encourage the formation of State/Union Territories Yoga Associations in the Country.
- To arrange and supervise the Yogasana Championships, Yoga Camps, Yoga Seminars, Yoga Clinic, Yogasana Workshop and other Yoga Contests.
- To arrange, regulate and if necessary finance visits of the National Yoga Team in Asian Yogasana Championship/Cup and World Yogasana Championship/Cup.
- To select the Indian Yoga Team for participation in the Asian Yoga Championship/ Cup and World Yoga Championship / Cup.
- To perform all such others acts as may seem to the Federation to be relevant and conducive to attainment of the aims/objectives of the Federation.

### **7. FINANCEIAL YEAR:**

The financial year of Federation shall be from 1<sup>st</sup> April to 31<sup>st</sup> of March of the following years.

### **8. MEMBERSHIP:**

- The membership of the Federation shall confine to State Yoga Associations/Union Territories Yoga Associations/National Level Autonomous Boards/Organizations.
- The affiliated State/U.T. Yoga Associations shall be registered under the Societies Registration Act and shall be governed by all the restrictions that are prescribed in the Sports Code as well as the Constitution as applicable to the Yoga Federation of India.
- The State/U.T. Yoga Association must affiliate atleast 50% of its District Yoga Association to be eligible for affiliation, and to remain affiliated.

**9. FEE AND MEMBERSHIP SUBSCRIPTION:**

The fee payable to the Federation shall be as following:-

S. N.	Content	Amount (Rs.)	S. N.	Content	Amount (Rs.)
1	Affiliation fees-State Yoga Ass./Unit (New Unit)	5,000/-	7	Life Member (Overseas)	U.S. \$2000/-
2	Annual Affiliation fees (State Yoga Ass./Unit)	5,000/-	8	Life Member (Organization)	40,000/-
3	Entry Fees, Per Player Per Event	3,00/-	9	Hony. Member- Individual Person (India) Annually	2,500/-
4	Player Registration Fees	1,00/-	10	Hony. Member- Individual Person (Overseas) Annually	U.S.\$400/-
5	Referee examination / Referee Up-gradation	2,000/-	11	Hony. Member-Yoga Organization (India) Annually	5000/-
6	Life Member (India)	21000/-	12	Hony. Member-Yoga Organization (overseas) Annually	U.S. \$500/-

The entry of the Team of all Competitions shall be accepted on the Entry Performa only if it is accompanied by proper Age Proof Certificate, Player Registration Card, Medical Fitness Certificate and Risk Certificate of each player, duly attested and certified by the General Secretary/Secretary General of the State/U.T. Yoga Association by the last date of entry, failing which the State Secretaries have to pay Rs. 400/- per competitor. The States/Players failing to submit the Medical Fitness Certificates and Risk Certificates will be imposed financial penalty of Rs. 100/- for each defaulter Competitor.

Entry Fee for the Zonal Yogasana Championship Rs. 200/- for each competitor for each event and Rs. 1000/- as development fund per state unit to be deposited with Zonal Secretary of the respective zone.

**Note:-The Annual Subscription shall be payable by 31<sup>st</sup> March of every year. Member/Unit who shall be defaulted in making payment of dues will lose the right to vote, and attend meetings of the Federation.**

**The above members from Sr. No. 6 to 12 shall have no right to vote in the meetings of the Yoga Federation of India.**

**10. EXECUTIVE COMMITTEE:**

The following shall be the member of Executive Committee of the Federation, who shall be elected for a term of four years:-

President	:	1
Vice President	:	2
Secretary General	:	1
Treasurer	:	1
Joint Secretaries	:	2
Executive Members	:	5

**11. POWERS OF THE EXECUTIVE COMMITTEE:**

- a) **PRESIDENT:-** The President shall be the Chief Executive Officer of the Federation. He/She shall preside over the meetings of the General Council and Executive Committees.
- b) **VICE PRESIDENT:-** In the absence of the President the senior most Vice President shall preside over the meetings and exercise all the powers of the President in the meeting.
- c) **SECRETARY GENERAL:-** The Secretary General shall be responsible for carrying out the business of the Federation regarding minutes, issuing notices and conducting National Yogasana Sports Championship. In case President / Sr. Vice Presidents / Vice Presidents are not available then Secretary General shall preside over the meeting.
- d) **TREASURER:-** The Treasurer shall be responsible for the funds of the federation. He shall maintain and present to the Executive Committee and General Council an audited statement of accounts every year. He shall pay all the bills passed by the President/ Secretary General.
- e) **JOINT SECRETARY:-** The Joint Secretary shall assist the Secretary General in day to day work.



## **12. TERMS AND CONDITIONS FOR THE MEMBER OF EXECUTIVE COMMITTEE:**

### **A. TENURE AND TERMS OF OFFICE BEARERS**

- i) Any individual elected as President of the Federation can hold the office for three consecutive terms of 12 years (whichever is less) with or without break and shall cease to hold the office after attaining the age of 70 years.
- ii) Any individual elected as member of the Executive Committee of the Federation can hold the office for two consecutive terms of 8 years (whichever is less) and can stand re-elected after undergoing the cooling period of 4 years and all persons elected shall cease to hold the office after attaining the age of 70 years.
- iii) For Govt. employee to hold elected office in the Federation, the rules in force shall be applicable.

**B.** The Office Bearers of the Federations will not be allowed to hold office in any other National Sports Federation.

**C.** The Executive Committee will be elected for a term of Four years.

**D.** Atleast Three members out of twelve member of Executive Committee i.e. 25% of the total members of the Executive Committee will be prominent sports person of outstanding merit. "Prominent Sportspersons means, a player who has either won an Olympic Medal, World Championship Medal, Asian Games Medal, Commonwealth Games Medal or a World Cup Medal or in the absence of any of the above, has won the Senior National Championships.

**E.** There will be atleast 40% women members in the Executive Committee.

**F.** The member of Executive Committee shall not accept any compensation or bonus of any kind in consideration for services or for the performance of duties as Member of the Federation, provided that, it shall be appropriate to reimburse a member for travelling, expenses incurred in the carrying out the function of Federation.

## **13. THE EXECUTIVE COMMITTEE ITS POWERS AND FUNCTIONS:**

The work of the Federation shall be carried out by this Executive Committee for a period of four years.

- a) To supervise the General Management of the Federation.
- b) To carry out the decisions of the General Council.
- c) To accord membership to any State/U.T. Yoga Association and other National Level Autonomous Bodies.
- d) To manage the funds of the Federation.
- e) To impose or enforce penalties for any violation of laws of the Federation.
- f) To appoint Sub-Committees.
- g) To prepare the budget estimates of the Federation.
- h) To find out ways and means for augmentation of finances.
- i) To co-opt an Office Bearer in the events of vacancy arising.
- j) To conduct National Yoga Referee Examination/Up-gradation Examination.

## **14. GENERAL COUNCIL:**

The General Council shall consist of the Executive Committee and two accredited representative of each affiliated unit.

## **15. POWERS & FUNCTIONS OF GENERAL COUNCIL:**

- a) To elect Office Bearer once in four years.
- b) To explain and interpret the rules & regulations of the Federation and to give decision on any point not covered in rules.
- c) To receive the report of the Secretary General, regarding the activities of Federation during the year.
- d) To exercise such powers as are conducive to popularize Yoga/Yogasana in the country.
- e) To scrutinize, accept or reject new membership in accordance with the rules of the Federation.
- f) To receive the report of the financial position from the Treasurer.

- g) To arrange, control and frame rules, regulations or bye laws for Zonal and National Yogasana Championships.
- h) To impose and enforce penalties for any violation of rules or bye-laws of the Federation.

**16. LIFE MEMBER/HONORARY MEMBER:**

The Federation may appoint eminent persons with impeccable reputations or those who have contributed significantly to the development of Yoga in the country and have rendered exemplary services to the Federation as Life Member/Honorary Member. The Federation shall not conduct an election for such honorary members. The Federation may invite the Life Member/Honorary Member as special invitee for a meeting or Federation function. The Life Member /Honorary Member shall have no right to vote in the meetings of the Federation.

**17. ATHLETES' COMMISSION:**

An Athletes commission will be set up, in terms of the National Code for Good Governance in Sports Bill, 2017. The Athletes commission shall be responsible for ensuring communication between the Yoga Federation of India and Yoga Players and serving as a source of feedback. It will advise the Yoga Federation of India on the perspective and needs of Yoga Players on inter alia,; (a) talent development, (b) training and competition scheduled; (c) redress of athletes grievances; (d) selection criteria; (e) logistical and administrative support; and (f) Players support and welfare.

**18. ETHICS COMMISSION:**

An Ethics commission will be set up in terms of the National Code for Good Governance in Sports Bill, 2017. The Code of Ethics shall establish minimum standard for the ethical and appropriate conduct of and by all the members of Executive Committee and Affiliated members of the Yoga Federation of India.

**19. GRIEVANCES & REDRESSAL COMMITTEE:**

Grievances & Redressal Committee will be set up in terms of the National Code for Good Governance in Sports Bill, 2017, with atleast a woman member to resolve the grievances regarding sexual harassment or any other problem of woman players.

**20. BANK ACCOUNTS:**

- i) The Bank accounts shall be in the Scheduled Bank and shall be operated jointly by President/Secretary General and Treasurer.
- ii) The accounts will be audited every year by a Chartered Accountant empanelled with the office of the Comptroller and Auditor General.
- iii) The audited Income and Expenditure statement of the accounts of Yoga Federation of India will be presented by Treasurer of the Federation in the Executive Committee and further to be passed by the General Council of the Federation in the Annual General Meeting of the Yoga Federation of India.

**21. CONDUCT OF ELECTION:**

- a) The election of the Federation shall be held after every four years as per "Model Election Guidelines".
- b) The election shall generally take place in the General Body meeting of Yoga Federation of India and, where so required, may also take place at a specially convened General Meeting.
- c) The Returning Officer fully versed with the election procedure preferably senior advocate of Hon'ble High Court will be invited as Presiding Officer for smooth and fair conduct of the election of the Federation.
- d) The Registrar Firm and Society will be requested to send their representative as an Observer for Election proceedings of the Federation.
- e) Election shall always be by secret ballot.

**22. VOTING:**

- a) At the meetings of the General Council and Executive Committee each member's accredited representative shall have One Vote. No voting by proxy shall be allowed.
- b) At the time of the Election of the New House of the Federation, each affiliated unit (State/U.T. Yoga Association) shall have Two Votes of their President and the General Secretary or duly authorized by the State/U.T. Yoga Association to their representative in the absence of the President and General Secretary /Secretary General of the State Unit.



### **23. MEETING AND NOTICES:**

Annual meeting of the General Council shall be held with the approval of the President with 15 days notice given by the Secretary General for the following purpose:-

- a) To confirm the minutes of the previous Annual General Meeting.
- b) To confirm the audited statement of accounts and the budget estimate presented by the Executive Committee.
- c) To allot National Yogasana Sports Championship/ Federation Yogasana Sports Cup.
- d) To discuss any other matter with the approval of the President.

### **24. QUORUM:**

The quorum of the General Council & Executive Committee meeting shall be one third of the members on roll. If within half an hour a quorum is not present, the meeting shall stand adjourned to the next date decided by the members present. If at such adjourned meeting a quorum appointed for the meeting is not adequate, the members present at such meeting shall form a quorum.

### **25. RESIGNATION:**

Any member, who desires to resign from the Federation, shall give in writing to the President/ Secretary General at least one month in advance.

### **26. GENERAL RULES AND REGULATIONS:**

- a) The amendments to the constitution shall be made in the Annual General Meeting by a 2/3<sup>rd</sup> votes of the members present.
- b) All the proposed amendments shall be presented to the Secretary General in writing at least 30 days before the meeting and forwarded by him to each member at least 10 days before the meeting.
- c) All the officials to supervise the championships shall be appointed by the Federation.
- d) No protest shall be accepted by the Federation unless it is submitted in writing alongwith the requisite protest fee of Rs.5000/- within half an hour after the declaration of the results. If the protest is upheld, the fee shall be refunded.
- e) The Selection Committee appointed by the Federation shall select the Indian Yoga team for participation in Asian Yoga Championship / Cup / World Yoga Championship/ Cup / International Yoga Championships.
- f) Only affiliated units shall be eligible to participate in the National Yogasana Sports Championships/ Federation Yogasana Sports Cup.
- g) The Secretary General is empowered with the approval of the president to incur expenditure for the participation of the National Yoga Teams in the Asian Yoga Championship / Cup / World Yoga Championship / Cup / International Yoga Championships and Seminars etc.
- h) All the T.A. bills and payment Vouchers shall be passed for payment by the President.
- i) Expenditure of the President/Secretary/Manager/Coaches/Players accompanying the National Yoga team will be borne by the Yoga Federation of India, if funds are available, otherwise the State/U.T. Yoga Association will be asked to bear the expenses of their respective Officials/Players or the concerned official/player has to bear their own expenses.
- j) The Federation will adopt and follow the policies as per guidelines issued by Govt. of India in connection with age fraud combat, prevention of sexual harassment of women and anti-doping measure.

### **27. AWARD OF CERTIFICATES AND MEDALS:**

- a) Medals and Merit Certificates of National Yogasana Sports Championships / Federation Yogasana Sports Cup will be awarded by the Yoga Federation of India.
- b) Souvenir Certificates to the participants of the National Yogasana Sports Championship /Federation Yogasana Sports Cup will be awarded by the host State/U.T. Yoga Association.

**28. AWARD OF COLOURS:**

The following shall be eligible for the award of Federation Colours:-

- a) Officials Accompanying the National Team with the word 'OFFICIAL'.
- b) Coaches/Managers/accompanying the National Yoga Team with the word 'COACH/MANAGER'.
- c) The Players representing National Yoga Team with the word 'YOGA PLAYER'.
- d) Captain of the National Yoga Team with the word 'CAPTAIN'.
- e) Qualified National Yoga Referee of the Federation with the word 'NATIONAL YOGA REFEREE'.
- f) Office Bearers of the Federation with the word of their respective post in the Federation.

Sd/-  
Secretary General  
Yoga Federation of India

Sd/-  
President  
Yoga Federation of India

