



YOGA FEDERATION OF INDIA

(REGD. UNDER THE SOCIETIES REGISTRATION ACT XXI OF 1860, REGD. NUMBER 1195, DATED 14.02.90)

AFFILIATED TO ASIAN YOGA FEDERATION, INTERNATIONAL YOGA FEDERATION & INTERNATIONAL YOGA SPORTS FEDERATION

RECOGNITION OF : INDIAN OLYMPIC ASSOCIATION - OCTOBER, 1998 TO FEBRUARY, 2011

REGD. OFFICE : Flat No. 501, GHS-93, SECTOR-20, PANCHKULA -134 116 (HARYANA) - INDIA

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Ref. No.YFI/ 14282-432**Dated:-04.12.2018****07.12.2018**

Subject: Minutes of Annual General Meeting of Yoga Federation of India held on 18th, November, 2018 at 6:30 p.m. at Major Tejinder Pal Singh Sohal Multipurpose Gymnasium Hall, Polo Ground Patiala (Punjab), at the occasion of 43rd National Yoga Sports Championship under the chairmanship of Sh. Ashok Kumar Aggarwal, President, Yoga Federation of India.

Following were present in the meeting.

S. No.	Name	State/ Unit
1.	Shri Ashok Kumar Aggarwal, President, YFI	Haryana
2.	Mrs.Indu Aggarwal, Sr. V. President & Director Competition, YFI	Haryana
3.	Shri Sanjay Jha, Secretary General, YFI, Secretary, JYA	Jharkhand
4.	Shri O.P. Malick, Treasurer, YFI	Chandigarh
5.	Yogacharya Raman Kumar, Organizing Secretary, YFI	Himachal Pradesh
6.	Shri S.S. Gill, IAS (Retd.), President, PYA & Sr. VP, YFI	Punjab
7.	Shri Tikshan Sud, Chairman, PYA & Sr. VP, YFI	Punjab
8.	Dr. C.K. Mishra, General Secretary, Punjab Yoga Association	Punjab
9.	Prof. Prabir Karmakar, Vice. President, YFI, President, JYA	Jharkhand
10.	Shri K. Prabhu, Zonal Secretary, South Zone, YFI	Karnataka
11.	Yogiraj N. Ramalingam, Sr. Vice President, YFI, Sec., TNYA	Tamil Nadu
12.	Shri V. Rajagopal, Official, Tamil Nadu State Yogasana Association	Tamil Nadu
13.	Shri Gangadharappa, Vice President, YFI, President, KSAYSA	Karnataka
14.	Shri A. Nataraja, Official, KSAYSA	Karnataka
15.	Shri B. Balachandran, President, Yoga Association of Kerala	Kerala
16.	Shri P Sasidharan Nair, Joint secretary, YFI	Kerala
17.	Acharya Mahendra Sharma, President, HP Yoga Association	Himachal Pradesh
18.	Mrs. Hema Keni Randhawa, Secretary, Goa Yoga Association	Goa
19.	Shri Amitabha Sengupta, Joint Secretary, WBYA	West Bengal
20.	Shri Nirmal Chakraborty, Treasurer, WBYA	West Bengal
21.	Shri Yash Parashar, Zonal Secretary, North Zone, YFI & Secretary, U.P. State Yoga Association	Uttar Pradesh
22.	Shri Devesh Solanki, Chhattisgarh Yoga Association	Chhattisgarh
23.	Shri Arvind K. Kotnala, General Secretary, YAU	Uttrakhand
24.	Shri Prabhat Chandra Bora, Zonal Secretary, North-East Zone, YFI & Secretary, Assam Yoga Association	Assam
25.	Shri Azad Hazarika, Assam Yoga Association	Assam
26.	Shri Chandrakant S Pangare, Zonal Secretary, West Zone, YFI & General Secretary, Maharashtra Yoga Association	Maharashtra
27.	Shri Jampangiri Pradeep, V President, MYA	Maharashtra
28.	Dr. Sher Singh, Joint Secretary, YFI & Secretary, Rajasthan State Yoga Association	Rajasthan
29.	Shri C.P. Purohit, Official, Rajasthan State Yoga Association	Rajasthan
30.	Shri Gyan Prakash Sinha, V. President, Bihar Yoga Association	Bihar
31.	Shri Alacdeo Yadav, Bihar Yoga Association	Bihar

32.	Shri Bhupendra Kant, Secretary, MP Amateur Yoga Association	M.P.
33.	Shri Sitaram Sharma, Secretary, Odisha Yoga Association	Odisha
34.	Shri Prangya Pramita Nayak, Odisha Yoga Association	Odisha
35.	Shri A.R.K. Varma, President, A.P. Yoga Association	Andhra Pradesh
36.	Shri V.V. Rama Rao, Secretary, A.P. Yoga Association	Andhra Pradesh
37.	Smt. N. Ratha, Jt. Sec, Andaman Nicobar Yoga Association	Andaman Nicobar
38.	Shri Anil Gupta, Official, J&K Yoga Association	Jammu & Kashmir
39.	Dr. M.S Kamboj, Executive Member, YFI	Chandigarh
40.	Shri M.K. Virmani, Chairman, Chandigarh Yoga Association	Chandigarh
41.	Dr. Rajiv Kumar Uppal, Secretary, Chandigarh Yoga Association	Chandigarh
42.	Shri J. Manohar Kumar, Secretary, Telangana Yoga Association	Telangana
43.	Shri B. Kamalakar, Official, Telangana Yoga Association	Telangana
44.	Shri Anil Kumar Mudgal, Official, Delhi Yoga Association	Delhi
45.	Shri Pradeep Kumar, Official, Haryana State Yoga Association	Haryana
46.	Shri Ramnarayan, Official, AIPSCB	AIPSCB
47.	Dr. N. Ibohal Singh, Sec. General, Manipur Yoga Association	Manipur
48.	Smt. Hijam Ranjeeta Devi, Official, Manipur Yoga Association	Manipur
49.	Shri Fuljibhai Patel, Official, Gujarat Yoga Association	Gujarat
50.	Shri Pareshji Bhatt, Official, Gujarat Yoga Association	Gujarat
51.	Dr. Sandeep Bhalla, General Secretary, Arunachal Pradesh Yoga Association	Arunachal Pradesh
52.	Ms. Anshu, Arunachal Pradesh Yoga Association	Arunachal Pradesh
53.	Shri V. Dassaradan, Gen Sec, Pondicherry Yoga & Yoga Sports Development Association	Puducherry

First of all Shri Sanjay Jha, Secretary General, Yoga Federation of India, on behalf of the house requested Shri Ashok Kumar Aggarwal, President, Yoga Federation of India to chair the meeting of Yoga Federation of India. Shri Ashok Kumar Aggarwal, President, Yoga Federation of India accepted the request. The house greeted this gesture.

Shri, S.S. Gill, IAS (Retd.), President, Punjab Yoga Association extended hearty welcome and thanks to the members of Yoga Federation of India and State Yoga Associations who have come from different States of India and assured all cooperation from his team to make their stay comfortable at Patiala.

Shri Ashok Kumar Aggarwal, President, Yoga Federation of India, conveyed his sincere thanks to the members of Punjab Yoga Association for taking the responsibility of organizing 43rd National Yoga Sports Championship at Patiala, Punjab. He also extended welcome to the Office bearers of Yoga Federation of India and Presidents/Secretaries, State Yoga Associations or their representatives present in the meeting.

The meeting came into order as per agenda of the meeting.

1. Confirmation of the minutes of the previous Annual General Meeting of Yoga Federation of India held on 25th October, 2017 at Ghaziabad, Uttar Pradesh.

The minutes of Annual General Meeting of Yoga Federation of India held on 25th October, 2017 at Ghaziabad, Uttar Pradesh were considered. Shri Prabhat Chandra Bora, Secretary, Assam Yoga Association, Shri B. Balachandran, President Yoga Association of Kerala proposed and Shri K. Prabhu, Zonal Secretary, South Zone, (Karnataka), Shri Yash Prashar, Secretary, Uttar Pradesh Yoga Association seconded and the house unanimously confirmed the minutes.

2. Annual report of Yoga Federation of India for the session 2017-18.

Shri Sanjay Kumar Jha, Secretary General, Yoga Federation of India, briefed the annual report of Yoga Federation of India for the session of 2017-18.

The achievements of Yoga Federation of India for the session 2017-18 is detailed below:-

A. 7TH Asian Yoga Sports Championship, 28th to 30th July, 2017, Kallang Community Club, Singapore:

A team of 54 Yoga players & officials of Yoga Federation of India participated in the 7th Asian Yoga Sports Championship held from 28th to 30th July, 2017 at Kallang Community Club, Singapore organized by Yoga Association, Singapore under the auspices of Asian Yoga Federation.

Yoga teams from Vietnam, Philippines, India, Hong Kong, Malaysia, Taiwan, Sri Lanka, Thailand, Iran, Dubai, South Korea and host Singapore have participated in the 7th Asian Yoga Sports Championship at Singapore.

The Indian Yoga Team won the Overall General Championship of the 7th Asian Yoga Sports Championship by winning 24 Gold Medals, 24 Silver Medals and 8 Bronze Medals (Total 56 Medals).

B. 8TH Asian Yoga Sports Championship, 27th to 30th September, 2018, Jimmy George, Indoor Stadium, Thiruvananthapuram, Kerala:

A team of 111 Yoga players & 57 officials of Yoga Federation of India participated in the 8th Asian Yoga Sports Championship held from 27th to 30th September, 2018 at Jimmy George Indoor Stadium, Thiruvananthapuram, Kerala hosted by Yoga Association of Kerala and organized by Yoga Federation of India under the auspices of Asian Yoga Federation.

440 Yoga players and official from 13 different Asian Countries namely Singapore, Malaysia, South Korea, Vietnam, Philippines, Hong Kong, Taiwan, Iran, Dubai, Thailand, Saudi Arabia, Sri Lanka and host India participated in the championship.

The Indian Yoga Team won the Overall General Championship by winning total 77 Medals (32 Gold Medals, 25 Silver Medals, 20 Bronze Medals).

Shri Pinarayi Vijayan, Hon'ble Chief Minister of Kerala inaugurated the 8th Asian Yoga Sports Championship on 27th September, 2018 and **Shri Justice (Retd) P.Sathasivam, the Hon'ble Governor of Kerala was the Chief Guest** of the Prize Distribution Ceremony held on 30th September, 2018.

The host Yoga Association of Kerala provided free lodging & boarding to all the Yoga Players & Officials of different Asian Countries participated in this mega event and made all efforts to make this event a grand success with the patronage of **Shri Pinarayi Vijayan, Hon'ble Chief Minister, Government of Kerala and leadership of Adv. B. Balachandran, President, Yoga Association of Kerala.**

The Yoga Federation of India is grateful to Hon'ble Chief Minister, Government of Kerala, Adv. B. Balachandran, President, Yoga Association of Kerala, Shri P. Sasidharan Nair, Joint Secretary, Yoga Federation of India and their dedicated team for extending their whole hearted support to make this venture a grand success.

C. 26th World Yoga Championship held on 6th May, 2018 at Argentina: - A team of 17 members of Yoga Federation of India participated in the 26th World Artistic Yoga Championship, 12th Professional World Artistic Yoga Cup and 12th Professional World Athletic Yoga Cup held on 6th May, 2018 at CENARD, Buenos Aires, Argentina organized by the Yoga Federation Argentina under the auspices of International Yoga Sports Federation.

The Indian Yoga Team won the Overall General Championship by winning 12 Gold Medals, 3 Silver Medals & 4 Bronze Medals.

D. 42nd National Yoga Sports Championship:- The 42nd National Yoga Sports Championship was successfully organized by Uttar Pradesh Yoga Association under the auspices of Yoga Federation of India from 25th to 28th October, 2017 at HRIT College Campus, Ghaziabad (Uttar Pradesh). The championship was inaugurated by Shri Satya Pal Singh, Hon'ble Minister of State for Human Resource Development, Govt. of India on 25th October, 2018. The championship was organized in six events i.e. National Yogasana

Competition, National Artistic Yoga Competition, National Artistic Pair Yoga Competition, National Rhythmic Yoga Competition, National Free Flow Yoga dance competition and Professional Yogasana Competition in which 1263 Players and 380 Officials from 28 affiliated Units of Yoga Federation of India have participated as tabulated below:

Sub Junior Group	:	142 Boys + 134 Girls	=	276
Junior Group	:	176 Boys + 183 Girls	=	359
Senior Group	:	321 Men + 307 women	=	628
<u>Total Players</u>	:	<u>639 Male + 624 women</u>	=	<u>1263</u>
<u>Total Officials</u>	:		=	<u>380</u>
<u>Total Participation</u>	:		=	<u>1643</u>

The Yoga Federation of India is indebted to Dr. Anil Agarwal, President, Uttar Pradesh Yoga Association & Member Parliament (Rajya Sabha), Shri Yash Parashar, General Secretary, Uttar Pradesh Yoga Association and their selfless team who made this championship a grand success.

- E. 2nd All India Police Yoga Sports Championship:-** The 2nd All India Police Yoga Sports Championship was successfully organized by All India Police Sports Control board with the assistance of technical officials of Yoga Federation of India from 10th to 14th October, 2017 at Mega Sports Complex, Ranchi (Jharkhand) as per syllabus, guidelines, rules and regulation of Yoga Federation of India, which was a grand success.

The winner yoga players of All India Police Sports Control Board of that championship participated in the 42nd National Yoga Sports Championship held at HRIT College, Ghaziabad (Uttar Pradesh).

- F. International Yoga Festival & 2nd Federation Yoga Sports Cup:-** The Yoga Federation of India has successfully organized International Yoga Festival & 2nd Federation Yoga Sports Cup from 21st to 24th November, 2017 at Shri Kshetra Dharmasthala, Karnataka (India) hosted by Shanthivana Trust, Dharmasthala. **The festival was inaugurated by His Holiness Vishwaguru Mahamandaleswar Paramhans Sri Swami Maheshwarananda Ji, Vienna, Austria, Presided by Dr. D. Veerendra Heggade, Dharmadhikari, Sri Kshetra Dharmasthala. Sri. Shripad Yesso Naik, Honorable Minister of State for AYUSH, Govt. of India was the Chief Guest of the Function.**

The Yoga Federation of India is grateful to Dr. D. Veerendra Heggade, Dharmadhikari, Sri Kshetra Dharmasthala, Shri Gangadharappa, President, Amateur Yoga Sports Association, Shri Sashikant Jain, Vice President, Yoga Federation of India and their devoted team for extending their whole hearted support to make this mega event a grand success.

- G. National Yoga Referees' Refresher Course:-** The Yoga Federation of India has successfully organized National Yoga Referees' Refresher Course hosted by Uttar Pradesh Yoga Association in collaboration with Sunder Deep Group of Institutions, Ghaziabad (Uttar Pradesh) from 25th to 27th May, 2018 at Sunder Deep Group of Institutions, Ghaziabad (Uttar Pradesh) to update National Yoga Referees of Yoga Federation of India. 149 National Yoga Referees from all States of India have participated in this refresher course.

The Yoga Federation of India extends special thanks to Dr. Mahendra Aggarwal, Chairman, Sunder Deep Group of Institutions, Ghaziabad, Uttar Pradesh and Uttar Pradesh Yoga Association for extending full support for this event.

Shri J Manohar, General Secretary, Telangana Yoga Association and Shri Arvind K Kotnala, General Secretary, Yoga Association of Utrtraxhand proposed and Shri Ramalingham, General Secretary, Tamilnadu Yogasana Association and Shri P Sasidharan (Kerala), Joint Secretary, Yoga Federation of India seconded and annual report of Yoga Federation of India for the session 2017-18 was passed.

3. **Approval of Audited Income & Expenditure Statement of Accounts for the session 2017-18.**

Shri O.P. Malick, Treasurer, Yoga Federation of India presented the audited income & expenditure statement of accounts of Yoga Federation of India for the session 2017-18.

Shri Gangadharappa, President, Karnataka State Amateur Yoga Sports Association and Shri M.K. Vermani, Chairman, Chandigarh Yoga Association, proposed and Acharya Mohinder Sharma, President, Himachal Pradesh Yoga Association and Shri Chandrakant Pangare, General Secretary, Maharashtra Yoga Association seconded and the house unanimously approved the audited income & expenditure statement of accounts of Yoga Federation of India for the session 2017-18.

4. **Allotment of 44th National Yoga Sports Championship & 4th Federation Yoga Sports Cup.**

Before taking the decision regarding allotment of 44th National Yoga Sports Championship, it was suggested by Shri. B. Balachandran, President, Yoga Association of Kerala that keeping in view a huge participation from almost all States/UTs affiliated units of Yoga Federation of India in the National Yoga Sports Championship, it is becoming difficult day by day for the host to arrange the lodging and boarding to all the participations in efficient manner therefore it is better that the championship may be bifurcated into two groups i.e. Sub Junior & Junior combined in the name of Sub-Junior & Junior National Yoga Sports Championship and Senior Groups in the name of Senior National Yoga Sports Championship, as adopted by the maximum Sports Federations. The suggestion was welcomed by all the members present in the meeting.

Therefore it was unanimously decided to hold future National Yoga Sports Championships in two groups i.e. Sub-Junior & Junior National Yoga Sports Championship and Senior National Yoga Sports Championship.

Shri O.P. Malick, Treasurer, Yoga Federation of India suggested that it should be adopted as trial basis for 44th National Yoga Sports Championship. If it didn't work appropriately than the previous system may be continued. The house consented to the suggestion given by him.

Four State Yoga Associations namely Assam Yoga Association, Uttar Pradesh Yoga Association, Chandigarh Yoga Association and Tamilnadu Yogasana Association came forward to hold the events in their respective States.

After brief discussion it was unanimously decided by the house as follow:

- a) **44th Sub-Junior & Junior National Yoga Sports Championship:** 44th Sub-Junior & Junior National Yoga Sports Championship was allotted to Assam Yoga Association tentatively to be held from 22nd to 25th September, 2019 at Guwahati, Assam.
- b) **44th Senior National Yoga Sports Championship:** 44th Senior National Yoga Sports Championship was allotted to Uttar Pradesh Yoga Association tentatively to be held from 13th to 16th October, 2019 at Moradabad, Uttar Pradesh.
- c) **4th Federation Yoga Sports Cup:** 4th Federation Yoga Sports Cup was allotted to Chandigarh Yoga Association tentatively to be held from 17th to 20th November, 2019 at Chandigarh.
- d) **2nd Southern India Yoga Sports Championship:** Shri N. Ramalingam, Secretary, Tamilnadu Yogasana Association, offered to host 2nd Southern India Yoga Sports Championship tentatively in the month of February, 2019 at Chennai, Tamilnadu.
- e) **2nd National Yoga Referees Refresher Course:** - It was also decided to conduct the 2nd National Yoga Referee Refresher Course by Himachal Pradesh Yoga Association tentatively from 10th to 12th May, 2019.

The house cheerfully accepted the said decisions.

5. **Any other point to be discussed with the permission of the Chair.**

I. **Affiliation to Arunachal Pradesh Yoga Association:-** House extended warm welcome to Dr. Sandeep Bhalla, Secretary, Arunachal Pradesh Yoga Association and Yoga team from Arunachal Pradesh and granted affiliation to the Arunachal Pradesh Yoga Association with Sh. Padi Richo as its President and Dr. Sandeep Bhalla as General Secretary.

II. It was informed to the house by the President, Yoga Federation of India that after consulting Shri Sanjay Jha, Secretary General, YFI, Shri O.P.Malick, Treasurer, YFI and Shri Raman Kumar, Organizing Secretary, YFI, the President, Yoga Federation of India, keeping in view the increasing expenditure at the part of host for the organization of the National Yoga Sports Championship, announced at the Inauguration Ceremony of 43rd National Yoga Sports Championship to contribute Rupees two Lacs instead of Rupees one lac as contribution by Yoga Federation of India to the host i.e. Punjab Yoga Association for the organization of 43rd National Yoga Sports Championship.

The house appreciated the step taken by President; Yoga Federation of India in this regard and unanimously passed the decision to increase the contribution amount of Yoga Federation of India from Rupees one Lac to Rupees two Lacs.

III. As per earlier decision taken by the house that the National Yoga Sports Championship has been bifurcated into two part i.e. the Sub-Junior & Junior National Yoga Sports Championship and Senior National Yoga Sports Championship, the President, YFI informed the house that the amount of Rupees two Lacs as contribution of the Yoga Federation of India will also have to be divided 50:50 meaning thereby rupees One Lac for each championship i.e. Sub-Junior & Junior National Yoga Sports Championship and Senior National Yoga Sports Championship. The house unanimously consented to the decision.

IV. The President, Yoga Federation of India informed the house that most of the states are not sending their Entry Performa well in time because of which the federation has to face lot of difficulties in conducting National Yoga Sports Championship in time. Therefore, he asked the State Secretaries to mail the entry Performa in the prescribed proforma to the office of Yoga Federation of India and to the host of National Yoga Sports Championship by the last date of entry positively.

V. The President, Yoga Federation of India requested that the State Yoga Associations must conduct their State Yoga Sports Championships in the month of August / September before the Zonal / National Yoga Sports Championship and invite Zonal Secretaries of their respective Zones to witness the State Yoga Sports Championship as observer with an intimation to President / Secretary General / Organizing Secretary, Yoga Federation of India and send the report to the President / Secretary General, Yoga Federation of India along with the results of the State Yoga Sports Championship duly signed by the Zonal Secretary, Yoga Federation of India.

VI. The sequence of presentation of affiliated units of Yoga Federation of India by draws drawn during meeting of Yoga Federation of India to be followed in the 44th Sub- Junior & Junior National Yoga Sports Championship & 44th Senior National Yoga Sports Championship are as under:-

1. Tamil Nadu 2. Madhya Pradesh 3. Andaman & Nicobar 4. Haryana 5. Sikkim 6. Delhi 7. Telangana 8. Uttar Pradesh 9. Himachal Pradesh 10. Mizoram 11. Tripura 12. Rajasthan 13. Punjab 14. Andhra Pradesh 15. Nagaland 16. Kerala 17. Goa 18. Chandigarh 19. Puducherry 20. Chhattisgarh 21. AIPSCB 22. Karnataka 23. Uttarakhand 24. Jharkhand 25. Manipur 26. Jammu & Kashmir 27. Meghalaya 28. Gujarat 29. Arunachal Pradesh 30. West Bengal 31. Bihar 32. Maharashtra 33. Odisha 34. Assam 35. Army

VII. It was pointed out by Shri Gangadharappa, Vice President, Yoga Federation of India that some State Yoga Associations are charging enormous entry fees for participation in the State Yoga Championships as well as in the State Yoga Referees Examination. In that concern the President, Yoga Federation of India informed the house that as per earlier decisions taken in the meetings of Yoga Federation of India, the fees should be charged by the State Yoga Association as below:-

1. **Entry Fees for State Yoga Sports Championship:-** Entry Fees for State Yoga Sports Championship is Rs.200/- per competitor to be charged by the Secretary, State Yoga Association.

2. **Entry Fees for Zonal Yoga Sports Championship:-** Entry Fees for Zonal Yoga Sports Championship of Rs.200/- per event per competitor and Development Fees of Rs.1000/- per Unit to be charged by Zonal Secretary of the respective zone of Yoga Federation of India. Out of that the entry fees will be given to the host State Yoga Association as a contribution of Yoga Federation of India and the Development fees charged should be retained by the Zonal Secretary for their day to day expenses of zonal activities.
3. **State Yoga Referees Examination Fees:** If any State Yoga Association wants to conduct State Yoga Referee Examination they have to take the prior permission from the President, Yoga Federation of India so that the representative of federation may be deputed to supervise the said examination. The Zonal Secretary will set up the question paper of Referee Examination with the consultation of President, YFI. The State Yoga Referees Examination Fees will be RS.1000/- per candidate only. Proper record should be maintained by the Zonal Secretary.
4. **Player Registration Fees at State Level:-** No such fees should be charged for registration of players. Only the Yoga Federation of India is authorized to get the player registered at National Level.

The Zonal Secretary should ensure strict compliance of the above said rules of Yoga Federation of India.

NB: Following proposals for consideration of members of Yoga Federation of India as suggested by some officials of Yoga Federation of India, State Yoga Associations and National Yoga Referees during the 43rd National Yoga Sports Championship to the President, Yoga Federation of India.

- 1) It was proposed by Shri Sanjay Jha, Secretary General, Yoga Federation of India and Jharkhand Yoga Association that 3rd Federation Yoga Sports Cup may be hosted by Jharkhand Yoga Association from 28th to 30th March, 2019 at Ranchi, Jharkhand. The President, Yoga Federation of India gave his consent for the same.
- 2) In the Senior National Yoga Sports Championship the age groups for **Yogasana Competition** may be re-organized as under.
 - i. 18-21 Years, Men & Women
 - ii. 21-25 Years, Men & Women
 - iii. 25-30 Years, Men & Women
 - iv. 30-35 Years, Men & Women
 - v. 35-45 Years, Men & Women
 - vi. Above 45 Years, Men & Women
- 3) **Professional Yogasana Competition** may be re-organized as under:-
 - i. Under 30 Years, Men & Women (National Yoga Referees)
 - ii. Above 30 Years, Men & Women (National Yoga Referees)

NB: (a). The Professional Yogasana Competition (Men & Women) for the above groups may be organized during the Sub-Junior & Junior National Yoga Sports Championship.

- 4) Some State Yoga Associations have also requested to reorganize the age groups for **Yogasana Competition** in the Sub-Junior & Junior National Yoga Sports Championship as under.
 - i. 8-10 Years (Boys & Girls)
 - ii. 10-12 Years (Boys & Girls)
 - iii. 12-14 Years (Boys & Girls)
 - iv. 14-16 Years (Boys & Girls)
 - v. 16-18 Years (Boys & Girls)

NB: (a). For Artistic Yoga, Artistic Pair Yoga, Rhythmic Yoga and Free flow Yoga Dance Competition the age group will be 8-18 Years for Sub-Junior & Junior National Yoga Sports Championship.

(b). For Artistic Yoga, Artistic Pair Yoga, Rhythmic Yoga and Free flow Yoga Dance Competition the age group will be 18-35 Years for Senior National Yoga Sports Championship.

(c). The revised syllabus as per above reorganized groups will be sent shortly.

As there was no other business to transact, the meeting came to end with vote of thanks to the chair.



(Ashok Kumar Aggarwal)

President

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A copy is forwarded to the following for information please.

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2. The Hon'ble Minister, Ministry of AYUSH, Govt. of India.
3. The Secretary, Department of Youth Affairs & Sports, Govt. of India.
4. The Secretary, Department of AYUSH, Govt. of India.
5. The Secretary, Sports Authority of India, New Delhi.
6. The President/Secretary, International Yoga Federation.
7. The President/Secretary, International Yoga Sports Federation
8. The President/Secretary General, Asian Yoga Federation.
9. The President/Secretary General, Indian Olympic Association, New Delhi.
10. The Secretary, Association of Indian Universities.
11. The President/Secretary, School Games Federation of India.
12. The President/Secretary, Central Board of Secondary Education.
13. The Presidents/Secretaries, All State/U.T. Yoga Associations affiliated with Yoga Federation of India.
14. The President/Secretary, All India Police Sports Control Board, New Delhi.
15. The Office Bearers, Yoga Federation of India.



(Ashok Kumar Aggarwal)

President

Yoga Federation of India