

YOGA FEDERATION OF INDIA

(REGD. UNDER THE SOCIETIES REGISTRATION ACT. XXI OF 1860 REGD. NO.1195 DATED 14.02.90)

RECOGNIZED BY INDIAN OLYMPIC ASSOCIATION - OCTOBER, 1998 TO FEBRUARY, 2011

Affiliated to Asian Yoga Federation & International Yoga Federation

REGD. OFFICE: FLAT NO.501, GHS-93, SECTOR-20, PANCHKULA- 134116 (HARYANA), INDIA

e-mail:-yfiashok2000@yahoo.co.in, Mobile No.+91-94174-14741

Website:- www.yogafederationofindia.com,

PRESIDENT

ASHOK KUMAR AGGARWAL

Mobile:-+91-94174-14741

Email:- yfiashok2000@yahoo.co.in

CHAIRMAN

K.C. SHARMA, IAS (Retd.)

Mobile:-+91-99144-07890

SECRETARY GENERAL

SANJAY JHA

Mobile:-+91-94315-80782

Email: tkiharanchi@gmail.com

ORGANISING SECRETARY

RAMAN KUMAR

Mobile:-+91-94173-62848

Email: ramanyogi77@gmail.com

Ref. No.YFI/10539-688

Dated:- 04.12.2016

Subject: **Minutes of Annual General Meeting and Election Meeting of Yoga Federation of India held on 12th November, 2016 at 07.00 p.m. at Trident Inn Hotel, Ranchi (Jharkhand) at the occasion of 41st National Yoga Sports Championship, co-chaired by Mrs. Indu Aggarwal and Dr. S.P. Shokeen, Sr. Vice Presidents, Yoga Federation of India.**

Following were present in the meeting.

S.No.	Name	State/ Unit
1.	Shri Ashok Kumar Aggarwal, Secretary General, YFI	Haryana
2.	Mrs.Indu Aggarwal, Sr. Vice President, YFI	Haryana
3.	Dr. S.P. Shokeen, Sr. Vice President, YFI	Delhi
4.	Shri Vijay Mal Kumar	Delhi
5.	Shri Gangadharappa, Vice President, YFI, President, KSAYSA	Karnataka
6.	Shri K. Prabhu, Zonal Secretary, South zone, YFI	Karnataka
7.	Yogiraj N. Ramalingam, Vice President, YFI, Secretary, TNYA	Tamil Nadu
8.	Shri V. Raja Gopal,	Tamil Nadu
9.	Dr. Asit Aich, Zonal Secretary, East Zone, YFI	West Bengal
10.	Shri Gautam Sinha, secretary West Bengal Yoga Association	West Bengal
11.	Mrs. Hema Keni Randhawa, Secretary, Goa Yoga Association	Goa
12.	Mrs. Vishakha N. Sane	Goa
13.	Yogacharya Raman Kumar, Zonal Secretary, North Zone, YFI	Himachal Pradesh
14.	Acharya Mahendra Sharma, President, HP Yoga Association	Himachal Pradesh
15.	Prof. Prabir Karmakar, President, Jharkhand Yoga Association	Jharkhand
16.	Shri Sanjay Jha, Joint Secretary, YFI, Secretary, JYA	Jharkhand
17.	Shri Pardeep Kumar, Executive Member, YFI	Haryana
18.	Shri Yash Parashar, Secretary, U.P. State Yoga Association	Uttar Pradesh
19.	Shri Vikas Kashyap	Uttar Pradesh
20.	Shri Gautam Joshi	Punjab
21.	Shri Karanveer Moudgill	Punjab
22.	Shri Mahesh Shukla	Uttrakhand
23.	Dr. Krishna Kumar Bora, President, Assam Yoga Association	Assam
24.	Shri Prabhat Chandra Bora, Secretary, Assam Yoga Association	Assam

25.	Shri Ashish Kumar Madhukarrao Kolhe	Maharashtra
26.	Shri Chandrakant Shrirang Pangare	Maharashtra
27.	Dr. Sher Singh, Secretary, Rajasthan Yoga Association	Rajasthan
28.	Shri Jitendra Singh	Rajasthan
29.	Shri Upendra Kumar Singh, President, Bihar Yoga Association	Bihar
30.	Shri Dhanesh Kumar Sinha, Secretary, Bihar Yoga Association	Bihar
31.	Shri Bhupendra Kant, Secretary, MP Amateur Yoga Association	M.P.
32.	Shri Lakhan Singh	M.P.
33.	Shri Loknath Panigrahi, Secretary, Odisha State Yoga Assoc.	Odisha
34.	Shri V.V. Rama Rao, Secretary, Andhra Pradesh Yoga Assoc.	Andhra Pradesh
35.	Shri S.S. Naiyudu	Andhra Pradesh
36.	Shri G. Ramesh	Andaman Nicobar
37.	Shri Anil Gupta	Jammu & Kashmir
38.	Shri Shamsher Singh	Jammu & Kashmir
39.	Shri Sachchida Nand Singh	Chhattisgarh
40.	Shri Abhishek Dubey	Chhattisgarh
41.	Shri Paresh D. Bhatt	Gujarat
42.	Ms. Satnam	Chandigarh
43.	Shri Kulwant Singh	Chandigarh
44.	R. Balarajaiah	Telengana
45.	Shri P. Devaiah	Telengana

First of all Shri Ashok Kumar Aggarwal, Secretary General, Yoga Federation of India, while extending welcome to the members present in the meeting, informed the house that due to some unavoidable circumstances, worthy Shri K.C. Sharma, IAS (Retd.) President, Yoga Federation of India, has been unable to attend this championship however, he has conveyed his good wishes for the success of 41th National Yoga Sports Championship, hence, the Secretary General, YFI proposed the name of Mrs. Indu Aggarwal and Dr. S.P. Shokeen, Sr. vice Presidents of Yoga Federation of India to co-chair the Annual General Meeting of Yoga Federation of India. The house unanimously accepted the proposal. Mrs. Indu Aggarwal and Dr. S.P. Shokeen, accepted the request and co-chaired the meeting of Yoga Federation of India.

Mrs. Indu Aggarwal and Dr. S.P. Shokeen, extended welcome to the members of Yoga Federation of India and officials of different State Yoga Associations present in the meeting.

Prof. Prabir Karmakar, President and Shri Sanjay Jha, Secretary, Jharkhand Yoga Association also extended the hearty welcome to the members of Yoga Federation of India and State Yoga Associations.

Shri Ashok Kumar Aggarwal, Secretary General, Yoga Federation of India, conveyed his sincere thanks to Prof. Prabir Karmakar, President and Shri Sanjay Jha, Secretary, Jharkhand Yoga Association & their dedicated team members for taking the responsibility of organizing 41st National Yoga Sports Championship at Mega Sports Complex, Khelgaon (Hotwar), Ranchi, Jharkhand. He also extended welcome to the Office bearers of Yoga Federation of India and Presidents/Secretaries, State Yoga Associations or their representatives present in the meeting.

The meeting came into order as per agenda of the meeting.

1. **Confirmation of the minutes of the previous Annual General Meeting of Yoga Federation of India held on 10th January, 2016 at Alva's Education Foundation (R), School & College Campus, Vidyagiri, Moodbidri, South Canara (Karnataka).**

The minutes of Annual General Meeting of Yoga Federation of India held on 10th January, 2016 at Alva's Education Foundation (R), School & College Campus, Vidyagiri, Moodbidri, South Canara (Karnataka) were considered. Shri K. Prabhu, Zonal Secretary, South Zone, (Karnataka), Dr. Sher Singh, Secretary, Rajasthan State Yoga Association, proposed and Dr. K.K. Bora, President, Assam Yoga Association and Shri Yash Prashar, Secretary, Uttar Pradesh Yoga Association seconded and the house unanimously confirmed the minutes

2. **Annual report of Yoga Federation of India for the session 2015-16.**

The Secretary General, Yoga Federation of India, presented the annual report regarding activities and achievements of Yoga Federation of India for the session of 2015-16 as detailed below:-

- A. **5TH ASIAN YOGA SPORTS CHAMPIONSHIP, 19th to 21st June, 2015, Swissotel NaiLert Park Hotel, Bangkok, (Thailand):**

A team of 38 Yoga players & 6 officials of Yoga Federation of India participated in the 5th Asian Yoga Sports Championship held from 19th to 21st June, 2015 at Bangkok, Thailand to celebrate the International day of Yoga.

The Indian Yoga Team won the overall general championship by winning total 55 Medals (22 Gold Medals, 19 Silver Medals, 14 Bronze Medals) in the four events i.e. Asian Yogasana Championship, Asian Artistic Yogasana Championship, Asian Artistic Pair Yogasana Championship & Asian Rhythmic Yogasana Championship organized by Yoga Federation of Thailand under the auspices of Asian Yoga Federation.

The Yoga Teams from Malaysia, India, South Korea, Vietnam, Philippines, Hong Kong, Taiwan, Iran, Dubai, Bangladesh and host Thailand participated in the championship.

His Excellency Shri Harsh Vardhan Shringla, Ambassador & Permanent Representative to ESCAP, Embassy of India, Bangkok, Thailand inaugurated the 5th Asian Yoga Sports Championship on 19th June, 2015 at Bangkok, Thailand.

- B. **24th Amateur World Yoga Sports Championship, 18th to 20th December, 2015, PerdanaSiswa Auditorium, University of Malaya, Kuala Lumpur, Malaysia.**

A team of 33 Yoga players & 6 officials of Yoga Federation of India participated in the 24th Amateur World Yoga Sports Championship held from 18th to 20th December, 2015 at PerdanaSiswa Auditorium University of Malaya, Kuala Lumpur, Malaysia.

The Indian Yoga Team of Yoga Federation of India won the Overall General Championship by winning 18 Gold Medals, 22 Silver Medals & 28 Bronze Medals at Kuala Lumpur, Malaysia in the 6 Categories i.e. Yogasana Competition, Artistic Single Yoga Competition, Artistic Pair Yoga Competition, Rhythmic Yoga Competition, Yoga Dance Single Competition & Yoga Dance Pair Competition organized by Malaysian Yoga Sports Association under the auspices of International Yoga Federation.

Teams from USA, Thailand, Peru, Sri Lanka, India, Vietnam, UAE, Russia, Iran, Taiwan, Singapore and Host Malaysia have participated.

- C. **40th National Yoga Sports Championship, 10th to 14th January, 2016, Alva's Education Foundation, School & College Campus, Vidyagiri, Moodbidri (Karnataka).**

The Yoga Federation of India organized 40th National Yoga Sports Championship, from 10th to 14th January, 2016 at Alva's Education Foundation, School & College Campus, Vidyagiri, Moodbidri (Karnataka) jointly organized by **Sri Pathanjali Yoga Shikshana Prathistana (R), Mangaluru, Alva's Educaiton foundation (R), Moodbidri & Karnataka State Amateur Yoga Sports Association** under the auspices of Yoga Federation of India.

The Championship was organized in Four Events i.e. National Yogasana Competition, National Artistic Yoga Competition, National Artistic Pair Yoga Competition and National Rhythmic Yoga Competition in which total 1157 players and 320 officials from 28 States / Union Territories of India have participated as tabulated below:

1.	Sub Junior Group	:	179 Boys + 184 Girls	=	363
2.	Junior Group	:	106 Boys + 107 Girls	=	213
3.	Senior Group	:	<u>306 Men + 275 women</u>	=	<u>581</u>
	Total Players	:	591 Male + 566 women	=	1157
	Total Officials	:		=	<u>320</u>
	Total Participation	:		=	<u>1477</u>

Hon'ble Shri Oscar Fernandes, Member of Parliament & Former Union Minister, Govt. of India and **Hon'ble Shri Abhay Chandra Jain**, Minister for Youth Services & Sports, Govt. of Karnataka were the Chief Guests of ceremonies.

D. **12th Northern India Yoga Sports Championship, 14th-15th November, 2015, Una (Himachal Pradesh).**

The Yoga Federation of India organized 12th Northern India Yoga Sports Championship from 14th-15th November, 2015 at Una (Himachal Pradesh) hosted by Himachal Pradesh Yoga Association, in which 260 Yoga Players and 35 Officials from 9 Northern States have participated.

E. **National Yoga Coaching Camps**

The Yoga Federation of India organized National Yoga Coaching Camps from 10th to 17th June, 2015 for 38 Yoga Players, 9th to 16th December, 2015 for 33 Yoga Players and for 29 players from 24th to 31st August, 2016 at Kisan Bhawan, Sector 14, Panchkula (Haryana) for preparation of Indian Yoga Team for participation in the 5th Asian Yoga Sports Championship held from 19th to 21st June, 2015 at Swisotel NaiLert Park Hotel, Bangkok, (Thailand), 24th Amateur World Yoga Sports Championship held from 18th to 20th December, 2015 at PerdanaSiswa Auditorium, University of Malaya, Kuala Lumpur, Malaysia and 6th Asian Yoga Sports Championship held from 3rd to 5th September, 2016 at Hanoi, Vietnam respectively.

The India Yoga Team Won the Overall General Championship of 5th Asian Yoga Sports Championship at Bangkok, Thailand, 24th Amateur World Yoga Sports Championship at Kuala Lumpur, Malaysia and 6th Asian Yoga Sports Championship at Hanoi, Vietnam.

F. **International Yoga Day Celebration**

The International Yoga Day was celebrated by Yoga Federation of India and its affiliated State/Union Territories Units in the different parts of the country at State Headquarters as well as District Headquarters on 21st June, 2015 in the presence of High Dignitaries of their respective states.

The Indian Yoga Team gave a sterling performance of their Yoga Skills and enthralled the audience of more than 7500 who have congregated at the Front Ground of Chulalongkorr University in Bangkok to commemorate the First International Day of Yoga. In this context, an appreciation letter was extended to Yoga Federation of India by **His Excellency Shri Harsh Vardhan Shringla**, Ambassador & Permanent Representative to ESCAP, Embassy of India, Bangkok, Thailand.

G. **Recognition of Yoga as Sports in the Priority Category by Ministry of Youth Affairs and Sports, Govt. of India on the request of Yoga Federation of India.**

It was informed by Shri Ashok Kumar Aggarwal, Secretary General, YFI that the Yoga Federation of India is indebted to Hon'ble Shri Narendra Modi Ji, Prime Minister of India, and Hon'ble Shri Sarbananda Sonowal, the then Minister of Youth Affairs and Sports, Govt. of

India for including Yoga in the list of Priority Games & Sports by Ministry of Youth Affairs & Sports, Govt. of India, which has boosted the morale of Yoga Participants of Yoga Federation of India. The notification of which was issued by Ministry of Youth Affairs and Sports on 1st September, 2015.

H. **2nd International Day of Yoga Celebration at Chandigarh**

The Yoga Federation of India assisted the Chandigarh Administration to celebrate the 2nd International Yoga Day on 21st June, 2016 at Chandigarh graced by Hon'ble Shri Narendra Modi Ji, Prime Minister of India, by providing 200 Yoga Trainers to impart Yoga Coaching as per protocol of Ministry of Ayush, Govt. of India. Certificate of Appreciation were awarded to all the Yoga Trainers who assisted the Chandigarh Administration for this event by Yoga Federation of India,. The Chandigarh Administration has presented the commendation award and certificate by His Excellency, the Governor of Haryana to Yoga Federation of India in this regard.

I. **6th Asian Yoga Sports Championship from 3rd to 5th September, 2016 at Hanoi, Vietnam**

The Indian Yoga Team of Yoga Federation of India comprising of 29 players and 9 officials won the overall General Championship of the 6th Asian Yoga Sports Championship held from 3rd to 5th September, 2016 at Hanoi, Vietnam, by winning 25 Gold Medals, 28 Silver Medals and 16 Bronze Medals (Total 69 Medals).

Yoga Players and officials of Vietnam, Philippines, India, Hong Kong, Malaysia, Taiwan, Singapore, Thailand, Iran, Dubai, China, South Korea and Rest of Asian have participated in the 3 days 6th Asian Yoga Sports Championship.

J. **1st Southern India Yoga Sports Championship, October 14-16, 2016 at Udupi (Karnataka).**

The 1st Southern India Yoga Sports Championship was organized by Karnataka State Amateur Yoga Sports Association in association with SGS Yoga Foundation College and Research Center, Udupi Branch, Udupi from October 14-16, 2016 at Udupi, (Karnataka) under the auspices of Yoga Federation of India.

K. **All India Police Games Yoga Championship**

The All India Police Sports Control Board has introduced National Yoga Sports Championship in the Charter of All India Police Games, on the request of Yoga Federation of India. The 1st All India Police Games Yoga Championship will be held from 28th November to 2nd December, 2016 at Vishakhapatnam, Andhra Pradesh.

L. **World Yoga League**

The Secretary General informed the house that ROS (Republic of Sports) League Private Limited, with the technical assistance of Yoga Federation of India and Asian Yoga Federation wants to organize World Yoga League in India as well as abroad to propagate and popularize Yoga Sports world wide.

In the World Yoga League, the Yoga Teams from India as well as abroad comprising Yoga Players, Coaches and Managers, selected with the assistance of Technical Officials of Yoga Federation of India and Asian Yoga Federation, will perform and compete in Yogasana, Rhythmic Yoga, Artistic Yoga and Yoga Dance, which will be telecasted live on some reputed television channels, thus, giving worldwide exposure to the Yoga Players, Yoga Referees and Yoga Coaches of Yoga Federation of India beside the monetary benefits from the ROS League Private Limited.

In that connection, decision was taken during special executive body meeting of Yoga Federation of India held on 14th November, 2015 at Una, Himachal Pradesh during 12th Northern Indian Yoga Sports Championship under the Chairmanship of Shri Tikshan Sud, Senior Vice President, Yoga Federation of India to authorize the Secretary General to do the needful in that regard with ROS League Private Limited.

Hon'ble Chief Minister, Sri Siddaramaiah, government of Karnataka awarded State Award "**Karnataka Kreera Rattan Award-2015**", Rupees One Lac in cash and an appreciation letter to Shri D.N. Rudraswami of Karnataka for his extraordinary achievement in the Asian Yoga Sports Championship and World Yoga Championship by representing India on behalf of Yoga Federation of India.

Sri V.V. Rama Rao, General Secretary, Yoga Association of Andhra Pradesh, Smt. G. Surya Chandra Kumari and Sri K. Sai Babu, National Yoga Referees from Andhra Pradesh were felicitated by Hon'ble Chief Minister of Andhra Pradesh, Sri N. Chandrababu Naidu at the occasion of International Yoga Day, June 21st, 2016 for rendering their services in the field of Yoga for the last two decades.

The Hon'ble Chief Minister, Sri K. Chandrashekar Rao, Govt. of Telengana awarded Rs. Five Lac and Shri A.P. Jitender Reddy, President, Telengana Olympic Association also awarded Rupees One lac to Shri Sunder Raju of Telengana for his outstanding achievement in 5th Asian Yoga Sports Championship held at Bangkok Thailand and 24th World Yoga Sports Championship held at Kuala Lumpur, Malaysia by representing India on behalf of Yoga Federation of India.

The house appreciated the achievements of the Yoga Federation of India in National, Asian and World Yoga Sports Championship and also approved the decision taken in the Special Executing Body Meeting regarding World Yoga League.

Yogiraj N. Ramalingham, Secretary, Tamil Nadu Yogasana Association proposed, Shri V.V. Ramarao, Secretary, Yoga Association of Andhra Pradesh and Acharya Mohinder Sharma, President, Himachal Pradesh Yoga Association seconded and the house unanimously approved the Annual Report of Yoga Federation of India for the session 2015-16.

3. Approval of Audited Income & Expenditure Statement of Accounts for the session 2015-16.

In the absence of Shri O.P. Malick, Treasurer, Yoga Federation of India, Shri Ashok Kumar Aggarwal, Secretary General, Yoga Federation of India, presented the audited income & expenditure statement of accounts of Yoga Federation of India for the session 2015-16.

Dr. S. P. Shokeen, Sr. Vice President, Yoga Federation of India (Delhi), Dr. Asit Aich, Zonal Secretary, Yoga Federation of India (West Bengal) proposed and Shri Sanjay Jha. Secretary, Jharkhand Yoga Association, (Jharkhand), Shri Upendra Kr. Singh, President, Bihar Yoga Association seconded and the house unanimously approved the audited income & expenditure statement of accounts of Yoga Federation of India for the session 2015-16.

4. Allotment of 42nd National Yoga Sports Championship.

Shri Yash Parashar, Secretary, Uttar Pradesh Yoga Association offered to host 42nd National Yoga Sports Championship at Seva Bharti Banbasi Kalyan Ashram, Varanasi, Uttar Pradesh, tentatively to be held from 1st to 5th November, 2017. The house cheerfully allotted the 42nd National Yoga Sports Championship to the Uttar Pradesh Yoga Association.

5. Any other point to be discussed with the permission of chair.

- i. The Secretary General, Yoga Federation of India informed the house that most of the states are not sending their Entry Performa well in time because of which the federation has to face lot of difficulties in conducting National Yoga Sports Championship in time. Therefore, the State Secretaries should mail the entry Performa in the prescribed proforma to the office of Yoga Federation of India and to the host of National Yoga Sports Championship by the last date of entry. In that connection, the Secretary General suggested that the states who will not send the Entry Proforma in time should not be allowed to participate in the championship. The house unanimously approved the decision.
- ii. As already decided by the house in the AGM at Ranchi (Jharkhand) that the sequence of the presentation of State team in all event for the next year National Yoga Sports Championship will be decided by draws during the current National Yoga Sports Championship. Hence the sequence of the draws drawn during Technical Officials Meeting of Yoga Federation of India to be followed in the 42nd National Yoga Sports Championship will be as under:-

1. Mizoram, 2. Nagaland, 3. Meghalaya, 4. Tamilnadu, 5. Jharkhand, 6. Pundichery, 7. Himachal Pradesh, 8. Manipur, 9. Tripura, 10. Delhi, 11. West Bengal, 12. Uttarakhand, 13. Haryana, 14. Kerala, 15. Chhattisgarh, 16. Arunachal Pradesh, 17. Maharashtra, 18. Assam, 19. Andhra Pradesh, 20. Telangana, 21. Sikkim, 22. Bihar, 23. Jammu and Kashmir, 24. Andaman & Nikobar, 25. Gujarat, 26. Punjab, 27. Odisha, 28. Uttar Pradesh, 29. Goa, 30. Rajasthan, 31. Karnataka, 32. Madhya Pradesh, 33. Chandigarh 34. Manipur.

- iii. The Secretary General, YFI requested that the State Yoga Associations must conduct their State Yoga Championships in the month of August/September before the Zonal Yoga Sports Championship/National Yoga Sports Championship and invite Zonal Secretaries of their respective Zones to witness the State Yoga Championship as observer with an intimation to President / Secretary General, Yoga Federation of India and send the report to the President / Secretary General, Yoga Federation of India along with the results of the State Yoga Championship duly signed by the Zonal Secretary.
- iv. Shri Yash Parashar, Secretary Uttar Pradesh Yoga Association, presented an amount of Rs. 51,000/- to the Yoga Federation of India and Rs. 11,000/- to the host, Jharkhand Yoga Association contributed by the Yoga Players of Uttar Pradesh Yoga Team for the promotion of Yoga Sports. The house applauded this act of Uttar Pradesh Yoga Team and their Secretary, Shri Yash Parashar.
- v. Shri Yash Parashar, Secretary, Uttar Pradesh Yoga Association also offered to host 13th Northern India Yoga Sports Championship from 1st to 3rd February, 2017 at Ghaziabad, Uttar Pradesh. The house unanimously considered his request.
- vi. Shri Gangadharappa, President, Karnataka Amateur Yoga Sports Association requested to enhance the entry fee for Zonal Yoga Sports Championship from Rs. 100/- to Rs. 200/-. The Secretary General also suggested that the development fee of Zonal Yoga Sports Championship should be raised from Rs. 500/- to Rs. 1000/-. The house unanimously approved the proposal. Henceforth, the development fees will be Rs. 1000/- and the entry fee will be Rs. 200/- for the Zonal Yoga Sports Championship.
- vii. The Secretary General, Yoga Federation of India suggested that the contribution of Rs. 50,000/- to be given by Yoga Federation of India to the host for the organization of National Yoga Sports Championship should be raised from Rs. 50,000/- to Rs. 1,00,000/- and may be contributed from the present session i.e. 2016-17. The house unanimously appreciated and approved the same.

6. Election of the office bearers and Executive Members of Yoga Federation of India for the term of next four years (i.e. 2017-2021).

It was informed by Secretary General, Yoga Federation of India that four years term of present house of Yoga Federation of India has been over, and therefore a new house has to be elected for the term of next four years i.e. 2017-2021. He suggested that the present house has to be dissolved and proposed the name of Mrs. Indu Aggarwa and Dr. S.P. Shokeen to co-chair and preside over the election meeting of Yoga Federation of India. The house unanimously approved the proposal and the proceeding of the house was continued further.

Acharya Mohinder Sharma, President, Himachal Pradesh Yoga Association and Shri Gangadharappa, President, Karnataka Amateur Yoga Sports Association proposed the name of Shri Ashok Kumar Aggarwal to be the President of Yoga Federation of India for the next four years and authorized him to select his team of Office Bearers and Executive Members of Yoga Federation of India for the term of next four years, seconded by YogiRaj N. Ramalingam, Secretary, Tamil Nadu Yogasana Association, Shri Yash Parashar, Secretary, Uttar Pradesh Yoga Association and Prof. Prabir Karmakar, President, Jharkhand Yoga Association and the house cheerfully accepted the proposal.

Hence, the house unanimously elected Shri Ashok Kumar Aggarwal as the President of Yoga Federation of India and authorized him to select his team of Office Bearers and Executive Members of Yoga Federation of India for the term of next four years i.e. 2017-2021.

Shri Ashok Kumar Aggarwal gladly accepted the proposal and took the chair as President, Yoga Federation of India. The House extended a warm welcome to Shri Ashok Kumar Aggarwal, President, Yoga Federation of India.

Shri Ashok Kumar Aggarwal, newly elected President, Yoga Federation of India suggested that Shri K. C. Sharma may be nominated as Lifetime Chairman of Yoga Federation of India. He also suggested to present **Lifetime Achievement Award in Yoga** by Yoga Federation of India to Shri K.C. Sharma for his outstanding contribution for the promotion of Yoga in the country as well as overseas at the concluding day of 41st National Yoga Sports Championship at Ranchi (Jharkhand) on 16th November, 2016. The house gladly accepted the proposal.

Shri Ashok Kumar Aggarwal, newly elected President, Yoga Federation of India suggested that Minister of Youth Affairs & Sports, Govt. of India may be associated as Chief Patron of Yoga Federation of India (as Ex-Officio). In that concern, Hon'ble Shri Vijay Goel, Minister of Youth Affairs & Sports, Govt. of India may be requested to give his kind consent to be associated as Chief Patron of Yoga Federation of India. The house approved the same.

Shri Ashok Kumar Aggarwal, President, Yoga Federation of India nominated the Office Bearers and Executive Members of Yoga Federation of India for the term of next four years (2017-2021).

Following will be the new office bearer and executive members of Yoga Federation of India for the session 2017-2021.

Lifetime Chairman : Shri K.C. Sharma, IAS (Retd.) (Haryana)

President : Shri Ashok Kumar Aggarwal (Haryana)

Sr. Vice Presidents

1. Shri S.S. Gill, IAS (Retd.) (Punjab)
2. Mrs. Indu Aggarwal (Haryana)
3. Shri Tikshan Sud (Punjab)
4. Shri Navin Acharya (Goa)
5. YogiRaj N. Ramalingam (Tamil Nadu)

Vice Presidents

1. Shri Gangadharappa (Karnataka)
2. Prof. Prabir Karmakar (Jharkhand)
3. Shri J. Manohar (Telengana)
4. Sh. Mahendra Sharma (Himachal Pradesh)
5. Shri D.C. Sharma (Chandigarh)
6. Dr. Krishna Kumar Bora (Assam)
7. Shri Deepak Handa (Jammu & Kashmir)

Treasurer : Shri O.P. Malick (Chandigarh)

Secretary General : Shri Sanjay Kumar Jha (Jharkhand)

Organizing Secretary: Shri Raman Kumar (Himachal Pradesh)

Zonal Secretaries

1. Shri K. Prabhu (Karnataka) South Zone
2. Dr. Asit Aich (West Bengal) East Zone
3. Shri Yash Parashar (Uttar Pradesh) North Zone
4. Shri Chandrakant S. Pangare (Maharashtra) West Zone
5. Shri Prabhat Chandra Bora (Assam) North East Zone

Joint Secretaries

1. Dr. Sher Singh (Rajasthan)
2. Shri Gautam Sinha (West Bengal)
3. Shri Arvind K. Kotnala (Uttarakhand)
4. Shri Jai Bhagwan (Delhi)

Executive Members

1. Shri Loknath Panigrahi (Odisha)
2. Dr. Mahender Singh (Chandigarh)
3. Dr. C.K. Mishra (Punjab)
4. Shri V. Dassadaran (Puducherry)
5. Dr. Niranjan Murthy (Karnataka)
6. Shri Bhupendra Kant (Madhya Pradesh)
7. Shri V.V. Rama Rao (Andhra Pradesh)
8. Sh. Dhanesh Kumar Sinha (Bihar)
9. Shri Ramesh Kumar (Andaman & Nicobar)
10. Shri Mrinmoy Chakraborty (Tripura)
11. Dr. Mahender Kamboj (Chandigarh)
12. Shri Paresh Bhatt (Gujarat)
13. Shri K. Narayana Shetty (Karnataka)
14. Shri S. N. Singh (Chhattisgarh)

Henceforth the Yoga Federation of India will have the following posts to give representation to more state units in the Yoga Federation of India:

Chairman	:	1
President	:	1
Sr. Vice President	:	7
Vice President	:	7
Secretary General	:	1
Organizing Secretary	:	1
Joint Secretary	:	6
Zonal Secretaries	:	5
Executive Members	:	22

Shri Ashok Kumar Aggarwal, President, Yoga Federation of India also nominated following members for the various committees of Yoga Federation of India for the smooth conduct of Zonal/National Yoga Sports Championships.

Disciplinary Committee

1. Shri Ashok Kumar Aggarwal - Haryana - Chairman
2. Shri Sanjay Jha - Jharkhand - Convener
3. Shri Raman Kumar - Himachal Pradesh - Member
4. Shri Gangadharappa - Karnataka - Member
5. Shri Yash Parashar - Uttar Pradesh - Member
6. Shri J. Manohar - Telengana - Member
7. Shri Prabhat Chandra Bora - Assam - Member

Technical Committee

- | | | | | |
|-------------------------------|---|---------------|---|-------------|
| 1. Smt. Indu Aggarwal | - | Haryana | - | Chairperson |
| 2. Shri Navin Acharya | - | Goa | - | Member |
| 3. Prof. Prabir Karmakar | - | Jharkhand | - | Member |
| 4. Shri K.Prabhu | - | Karnataka | - | Member |
| 5. Dr. Asit Kumar Aich | - | West Bengal | - | Member |
| 6. Shri Yash Parashar | - | Uttar Pradesh | - | Member |
| 7. Shri Prabhat Chandra Bora | - | Assam | - | Member |
| 8. Sh. Chandrakant S. Pangare | - | Maharashtra | - | Member |

National Yoga Referee Examination Committee

- | | | | | |
|---------------------------|---|-------------|---|----------|
| 1. Shri Sunil Sharma | - | Haryana | - | Chairman |
| 2. Shri Bharat Bhushan | - | Telangana | - | Convener |
| 3. Dr. Mahendra Singh | - | Chandigarh | - | Member |
| 4. Shri Arvind K. Kotnala | - | Uttarakhand | - | Member |
| 5. Dr. P.N. Ganesh Kumar | - | Karnataka | - | Member |
| 6. Dr. Anita S. Patil | - | Maharashtra | - | Member |

YOGA SEMINAR COMMITTEE

- | | | | | |
|----------------------------|---|------------------|---|-------------|
| 1. Mrs. Indu Aggarwal | - | Haryana | - | Chairperson |
| 2. Dr. Asit Aich | - | West Bengal | - | Convener |
| 3. Shri Yash Parashar | - | Uttar Pradesh | - | Member |
| 4. Acharya Mohinder Sharma | - | Himachal Pradesh | - | Member |
| 5. Shri Bharat Bhushan | - | Telangana | - | Member |
| 6. Dr. Niranjana Murthy | - | Karnataka | - | Member |
| 7. Shri Sunil Kumar Sharma | - | Haryana | - | Member |
| 8. Dr. I. Shashikanth Jain | - | Karnataka | - | Member |

Grievances Redressal Committee

- | | | | | |
|--------------------------------|---|---------------|---|-------------|
| 1. Smt. Indu Aggarwal | - | Haryana | - | Chairperson |
| 2. Prof. Prabir Karmakar | - | Jharkhand | - | Convener |
| 3. Shri Manohar Kumar Jala | - | Telangana | - | Member |
| 4. Shri Chandrakant S. Pangare | - | Maharashtra | - | Member |
| 5. Shri Yash Parashar | - | Uttar Pradesh | - | Member |

IT Committee

- | | | | | |
|--------------------------|---|----------------|---|----------|
| 1. Shri Harish Chitkara | - | Haryana | - | Chairman |
| 2. Shri Chitranjan Bora | - | Assam | - | Member |
| 3. Shri Manik Pradhan | - | West Bengal | - | Member |
| 4. Shri Janardharn Tyagi | - | Madhya Pradesh | - | Member |

Office Committee

- | | | | | |
|------------------------------|---|------------------|---|-------------|
| 1. Smt. Indu Aggarwal | - | Haryana | - | Chairperson |
| 2. Prof. Prabir Karmakar | - | Jharkhand | - | Member |
| 3. Shri Pradeep Kumar | - | Haryana | - | Member |
| 4. Dr. Shamsher Singh | - | Haryana | - | Member |
| 5. Shri Nirmal Chakraborty | - | West Bengal | - | Member |
| 6. Shri Anil Pandey | - | Haryana | - | Member |
| 7. Shri Gautam Joshi | - | Punjab | - | Member |
| 8. Shri Amrendra Kumar Vikal | - | Jharkhand | - | Member |
| 9. Shri Sunil Kumar | - | Himachal Pradesh | - | Member |
| 10. Shri Vinod Soni | - | Haryana | - | Member |

TECHNICAL ZONAL COMMITTEES FOR ORGANIZING ZONAL YOGA SPORTS CHAMPIONSHIPS OF YOGA FEDERATION OF INDIA

The Yoga Federation of India has comprised the State/U.T. Yoga Associations of India in the **Five Zones**. Henceforth the Zonal Secretaries are requested to look after the activities of the states of their respective Zones as detailed below:-

NORTH ZONE	EAST ZONE	SOUTH ZONE	WEST ZONE	NORTH EAST ZONE
Chandigarh	Bihar	Andhra Pradesh	Chhattisgarh	Arunachal Pradesh
Delhi	Jharkhand	Andaman & Nicobar	Daman and Diu	Assam
Haryana	Odisha	Karnataka	Dadra & Nagar Haveli	Manipur
Himachal Pradesh	Sikkim	Kerala	Goa	Mizoram
Jammu & Kashmir	West Bengal	Lakshadweep	Gujarat	Meghalaya
Punjab		Puducherry	Madhya Pradesh	Nagaland
Rajasthan		Tamil Nadu	Maharashtra	Tripura
Uttarakhand		Telangana		
Uttar Pradesh				

The Yoga Federation of India has nominated following Technical Zonal Yoga Committees for organizing Zonal Yoga Sports Championships of their respective Zones under the banner of Yoga Federation of India.

Northern India Yoga Sports Championship- Technical Zonal Committee (North Zone)

Chairperson : Smt. Indu Aggarwal Haryana

Convener : Shri Yash Parashar Uttar Pradesh

Members	1.	Shri Raman Kumar	Himachal Pradesh
	2.	Dr. Sher Singh	Rajasthan
	3.	Dr. Mohinder Singh	Chandigarh
	4.	Dr. C.K. Mishra	Punjab
	5.	Shri Jai Bhagwan	Delhi
	6.	Shri Arvind Kotnala	Uttarakhand
	7.	Dr. Shamsheer Singh	Haryana
	8.	Shri Anil Gupta	J & K

Eastern India Yoga Sports Championship - Technical Zonal Committee (East Zone)

Chairman	:	Prof. Prabir Karmakar	Jharkhand
Convener	:	Dr. Asit Kumar Aich	West Bengal
Members	1.	Shri Sanjay Jha	Jharkhand
	2.	Shri Gautam Sinha	West Bengal
	3.	Shri Dhanesh Kumar Sinha	Bihar
	4.	Shri Loknath Panigrahi	Odisha

Western India Yoga Sports Championship - Technical Zonal Committee (West Zone)

Chairman	:	Shri Navin Acharya	Goa
Convener	:	Shri Chandrakant S. Pangare	Maharashtra
Members	1.	Shri Bhupendra Kant	Madhya Pradesh
	2.	Shri S.N. Singh	Chhattisgarh
	3.	Shri Paresh Bhatt	Gujarat
	4.	Dr. Anita S. Patil	Maharashtra

Southern India Yoga Spots Championship - Technical Zonal Committee (South Zone)

Chairman	:	YogiRaj N. Ramalingam	Tamil Nadu
Convener	:	Shri K. Prabhu	Karnataka
Members	1.	Shri J. Manohar	Telangana
	2.	Shri V. Dassaradan	Puducherry
	3.	Shri V.V. Ramarao	Andhra Pradesh
	4.	Dr. Niranjana Murthy	Karnataka
	5.	Shri Ramesh Kumar	Andaman & Nicobar
	6.	Sri Hariharan	Kerala
	7.	Dr. I. Shashikanth Jain	Karnataka

North-Eastern Yoga Sports Championship -Technical Zonal Committee (North-East Zone)

Chairman	:	Dr. Krishna Kumar Bora	Assam
Convener	:	Shri Prabhat Chandra Bora	Assam
Members	1.	Shri Mrinmoy Chakraborty	Tripura
	2.	Shri Dibya Jyoti Deka	Meghalaya

RULES & REGULATIONS AND INSTRUCTIONS FOR TECHNICAL ZONAL COMMITTEE FOR ORGANIZING ZONAL YOGA SPORTS CHAMPIONSHIP

The Zonal Yoga Sports Competition will be held in the following categories:

Yogasana Competition : In the age groups of 8-11, 11-14, 14-17, 17-21, 21-25, 25-35 and above 35 years both for males and females separately.

- 1. Artistic Yoga Competition**
- 2. Artistic Pair Yoga Competition**
- 3. Rhythmic Yoga Competition**

Artistic Yoga Competition, Artistic Pair Yoga Competition (either both girls or both boys or a boy and a girl), Rhythmic Yoga Competition (either both girls or both boys) in Junior (8-17 years) and Senior (17-35 years) Groups

- 4. Free Flow Yoga dance Competition :** (open age group : 8 - 35 years)
- 5. Professional Yogasana Competition :** (Male & Female separately) only for National Yoga Referees of Yoga Federation of India

The Zonal Yoga Sports Championship will be held as per Syllabus and Rules & Regulation of the National Yoga Sports Championship laid down by Yoga Federation of India which is available on the website of Yoga Federation of India at **www.yogafederationofindia.com**.

- The Secretaries, State Yoga Association should ensure that the State team should be selected amongst the position holder of the State Yoga Championships for participation in the Zonal Yoga Sports Championship. In Yogasana Competition maximum Three *competitors* of either sex in each age group from each unit will be allowed to participate. In Artistic Yoga, Artistic Pair Yoga, and Rhythmic Yoga Competitions Two Entries from each State in each category separately (Junior and Senior Group) will be allowed to participate. In Free Flow Yoga Dance, 5 competitors from each unit will be allowed and in Professional Yogasana Competition Only 3 Male and 3 Female National Yoga Referees will be allowed to participate. Only those players who are participating in Zonal Yogasana Competition can participate in Artistic Yoga, Artistic Pair Yoga, Rhythmic Yoga Competition and Free Flow Yoga Dance competition. Thus the total strength of Yoga Players from each unit should not exceed 42 Players (21 Males & 21 Females) plus 6 Professional Yogasana Competitors.
- The Zonal Secretaries will Organize Zonal Yoga Sports Championship of their respective zones every year in different parts of their zones with the help of the Chairman and members of Technical Zonal Committee nominated by Yoga Federation of India as per Rules and Regulations and Syllabus laid down by Yoga Federation of India for conducting National Yoga Sports Championship and will send the report of Zonal Yoga Sports Championship to the President / Secretary General, Yoga Federation of India immediately after the conclusion of Zonal Yoga Sports Championship.
- The Zonal Secretaries will make all correspondence with the State/ U.T. Yoga Associations of their respective zone in connection with organization of Zonal Yoga Sports Championship and other Yoga Activities after consulting Chairman of their respective Zone and will keep all records with them.

5. The Zonal Secretary of the Zone will convene a meeting of all the Members of Technical Zonal Committee under the Chairmanship of the Chairman of their respective zone at the time of Zonal Yoga Sports Championship to discuss about the steps to be taken for the successful organization of Zonal Yoga Sports Championship, activate the functioning of State/U.T. Yoga Associations of their zone like organization of their State Yoga Championship regularly and to send a full team in all the age groups in the National Yoga Sports Championships being organized by Yoga Federation of India.
6. The host of Zonal Yoga Sports Championship will provide free lodging and boarding to all the Yoga Players and Officials during Zonal Yoga Sports Championship and the host will bear the 2nd Class Train fare of Chairman and Convener of the Technical Zonal Committee of their zone for attending the Zonal Yoga Sports Championship.
7. The Entry Fee for participation in the Zonal Yoga Sports Championship will be Rs.200/- per competitor per event & Rs.1,000/- as development fund per state unit. The Secretaries, State/U.T. Yoga Association of the Zone will deposit the amount of Entry Fee & Development Fund to the Zonal Secretary of their respective zone at the time of Zonal Yoga Sports Championship. The Zonal Secretary of the zone will issue the proper receipt of the amount received on the receipt book of the Technical Zonal Committee of the zone, keep all the financial records and will send the details to the President / Secretary General, Yoga Federation of India.
8. The Medals and Merit/Participation Certificates of Zonal Yoga Sports Championship will be arranged by the host of the Zonal Yoga Sports Championship of the respective zones out of the funds collected through Entry Fee. The Development Fund will be utilized by the Zonal Secretary for the day to day activities. The Certificates will be signed by the Chairman, Convener of the zone and President and Secretary of the host State Yoga Association.
9. The Qualified Referees of Yoga Federation of India will act as Referees in the Zonal Yoga Sports Championship.

NB: 1. The nominated members as Office Bearers, Executive Members and Members of different committees are requested to send their consent in writing and the information proforma attached alongwith duly filled by mail as well as hard copy by post within 15 days after receipt of this mail.

2. **Mr. Vijay Mal (Delhi), National Yoga Referee of Yoga Federation of India has been expelled from Yoga federation of India due to his indiscipline behavior during the 41st National Yoga Sports championship at Ranchi.**

As there was no other business to transact, the meeting came to end with vote of thanks to the chair.



(Ashok Kumar Aggarwal)

President

Yoga Federation of India

#501,GHS-93, Sector -20,

Panchkula-134 116 (India)

Mob: +91-94174-14741

Email: yfiashok2000@yahoo.co.in

A copy is forwarded to the following for information please.

1. The Hon'ble Minister, Ministry of Youth Affairs & Sports, Govt. of India.
2. The Hon'ble Minister, Ministry of AYUSH, Govt. of India.
3. The Secretary, Department of Youth Affairs & Sports, Govt. of India.
4. The Secretary, Department of AYUSH, Govt. of India.
5. The Secretary, Sports Authority of India, New Delhi.
6. The President/Secretary, International Yoga Federation.

7. The President/Secretary, International Yoga Sports Federation
8. The President/Secretary General, Asian Yoga Federation.
9. The President/Secretary General, Indian Olympic Association, New Delhi.
10. The Secretary, Association of Indian Universities.
11. The President/Secretary, School Games Federation of India.
12. The President/Secretary, Central Board of Secondary Education.
13. The Presidents/Secretaries, All State/U.T. Yoga Associations affiliated with Yoga Federation of India.
14. The Office Bearers, Yoga Federation of India.



(Ashok Kumar Aggarwal)

President

Yoga Federation of India